

fms

Issue 18

Tuesday 06 Feb

UPCOMING EVENTS

FEBRUARY

- 08 Year 9 Options Evening
(5.30 - 7.30 PM. Atrium)
- 09 Student Photographs - All Year 9s
(9 AM, Atrium)
- 12-16 Half Term Week
- 22 Year 7 Parents' Evening
- 28 Friends of Forest Hill Event - Quiz Night

MARCH

- 29 Last day of Spring Term

Year 10 Berlin Trip

All pupils attending the Y10 Berlin trip come to the pre-departure meeting: break time (10:50am) Tuesday 6th February in 116 (Ms Learoyd's room). There will be Kekse!

Words from Year 11...

Ms Simmons' Y11 Writing group were posed the question, 'Healthy, wealthy, happy and free: is one more important than the other?' Hopefully we'll read more of their work in future issues of the FHS Newsletter.

JOE KILLICK

I think what we, as people, need to recognise is that it is often difficult to achieve any of these goals without one of the others. To put it plainly, is it possible to be happy when not free? Or is freedom worthwhile to endure a lack of healthy being? Some would argue both are possible in certain circumstances. I believe the answer to the question lies within everyone. The situation you are in may alter this; those around you may influence you to feel as if money is the key to happiness, yet you might see a cause and fight for justice and freedom as your route to happiness. Conventionally, happiness is the most important asset in a person's life; to find this you must do what you love, whether it be creating wealth, being free or maintaining health. We are all venturing towards our ideal happiness, some just take different routes.



Dacres Road,
Forest Hill,
London,
SE23 2XN

General Enquiries: 020 8699 9343
Email: info@foresthillschool.co.uk

More from the Y11 Writing Group on page 3.

Forest Hill Rocks

Photos from Forest Hill Rocks, an event organised by parents to raise money for the Music Department.

It was a fantastic evening with a wide range of excellent performances.



Words from Year 11 continued...

MICHAEL YATES

The definition of a “good” life is one in which people would like to live. There are many aspects to life in which people find desirable such as good health, money, happiness, and freedom but which one is most important or are they all essential to live a “good” life?

Many people wish to be healthy and live a long life which is natural for a human to want as it ensures a good quality of life. Many people also wish for wealth, however this is not necessary to live a happy life even though some people believe it is. Happiness is desired by most this is simply because with happiness lots of other things follow such as good health. Lastly freedom a right that has been fought for from the begging of the human race, freedom is now a fundamental human right in which we all enjoy and take for granted.

Most people believe that between Healthy, Wealthy, Happy and Free some are more important than others. However with the combination of all four characteristics people can live a “good” life filled with, good health, money, happiness and freedom!

LIAM CLARKE

Happy:

With a lack of happiness, it feels like life falls apart, and everything is pointless. What's hope do you have without happiness? Therefore, people seek happiness in many ways, because without happiness, they feel alone.

Freedom:

And finally, without freedom, you feel lost; abandoned, ironically. When people confiscate another's freedom, the perpetrator does this out of insecurity, and jealousy.

The above combine to a good, productive life, mixed with the positive people they're surrounded by. Live life as it comes, and health wealth happiness and freedom shall follow. Live life how you please, and do the things you want to do. Time is precious.



Photo: Xander (Y7) and Archie (Y8) receiving their Lewisham Book Award certificates from Headteacher, Mike Sullivan.