

**FOREST HILL SCHOOL**  
**Covid-19 related pupil absence from school - a quick reference guide for parents/carers**

What to do if.....	Action needed	Return to school when.....
<p>My child has COVID-19 symptoms:</p> <ul style="list-style-type: none"> <li>• <b>HIGH TEMPERATURE</b> - this means you feel hot to touch on your chest or back</li> <li>• <b>A NEW CONTINUOUS COUGH</b> - this means coughing for a lot more than an hour, or 3 or more coughing episodes in 24 hours</li> <li>• <b>A LOSS OR CHANGE TO YOUR SENSE OF SMELL OR TASTE</b> - this means you've noticed you cannot smell or taste anything</li> </ul>	<p><b><u>DO NOT COME TO SCHOOL</u></b></p> <ul style="list-style-type: none"> <li>• Contact school to inform us</li> <li>• Self-isolate the whole household for 14 days</li> <li>• Get a test</li> </ul> <p><b>INFORM SCHOOL IMMEDIATELY ABOUT THE TEST RESULT</b></p>	<p>The test result comes back negative</p>
<p>My child tests positive for COVID-19</p>	<p><b><u>DO NOT COME TO SCHOOL</u></b></p> <ul style="list-style-type: none"> <li>• Contact school to inform us</li> <li>• Agree an earliest date for possible return</li> <li>• <b>Minimum of 10 days</b></li> <li>• Self-isolate the whole household for <b>14 days</b></li> <li>• Bubble isolates / remote learning</li> </ul>	<p>Child feels better.  <b>They can return after 10 days</b> even if they have a cough or loss of taste/smell - these symptoms can last for several weeks.</p>
<p>My child tests negative</p>	<p><b><u>CONTACT THE SCHOOL</u></b>            Discuss when your child can come back to school (same day/next day)</p>	<p>The test comes back negative</p>
<p>My child is ill with symptoms <i>not</i> linked to COVID-19</p>	<p><b>FOLLOW USUAL SCHOOL ABSENCE POLICY PROCEDURE</b></p>	<p>After 48 hours following the last bout of sickness if this is the cause of absence</p>
<p>Someone in my household has COVID-19 symptoms</p>	<p><b><u>DO NOT COME TO SCHOOL</u></b></p> <ul style="list-style-type: none"> <li>• Contact school to inform us</li> <li>• Agree an earliest date for possible return</li> <li>• <b>Minimum of 14 days</b></li> </ul> <p><b>INFORM SCHOOL IMMEDIATELY ABOUT TEST RESULTS</b></p>	<p>The test come back negative</p>
<p>Someone in my household test positive for COVID-19</p>	<p><b><u>DO NOT COME TO SCHOOL</u></b></p> <ul style="list-style-type: none"> <li>• <b>CONTACT SCHOOL</b></li> <li>• Agree an earliest date for possible return</li> <li>• <b>Minimum of 14 days</b></li> </ul>	<p>The child has completed <b>14 days of isolation</b></p>
<p>NHS Test &amp; Trace has identified my child has been in close contact of someone with symptoms of confirmed COVID-19</p>	<p><b><u>DO NOT COME TO SCHOOL</u></b></p> <ul style="list-style-type: none"> <li>• <b>CONTACT SCHOOL</b></li> <li>• Agree an earliest date for possible <b>return</b></li> <li>• <b>Minimum of 14 days</b></li> </ul>	<p>The child has completed <b>14 days of isolation</b></p>
<p>We/my child has travelled and has to self-isolate as a period of quarantine....</p>	<ul style="list-style-type: none"> <li>• Do not take unauthorised absence in term time</li> <li>• Consider quarantine requirements and FCO advice when booking travel/returning from a destination where quarantine is needed</li> <li>• Agree an earliest date for possible return</li> <li>• <b>Minimum of 14 days from return date</b></li> <li>• Self-isolate the whole household</li> </ul>	<p>The quarantine period of <b>14 days has been completed</b></p>
<p>We have received medical advice that my child must resume shielding....</p>	<p><b><u>DO NOT COME TO SCHOOL</u></b></p> <ul style="list-style-type: none"> <li>• <b>CONTACT SCHOOL</b></li> <li>• Shield until you are informed that restrictions are lifted and shielding is paused again</li> </ul>	<p>School informs you that restrictions have been lifted and your child can return to school</p>
<p>My child's bubble is closed due to a COVID-19 outbreak in school</p>	<p><b><u>DO NOT COME TO SCHOOL</u></b></p> <ul style="list-style-type: none"> <li>• At home, support your child with remote learning provided by your school</li> <li>• Your child will need to <b>isolate for 14 days</b></li> </ul>	<p>School will inform you when the bubble will be re-opened.</p>