



FHS RAINBOW!

Forest Hill School's new LGBTQ+ magazine!

Issue 7 – 28 June 2021

FREE GIFT!... AND FREE PRIDE POSTERS!



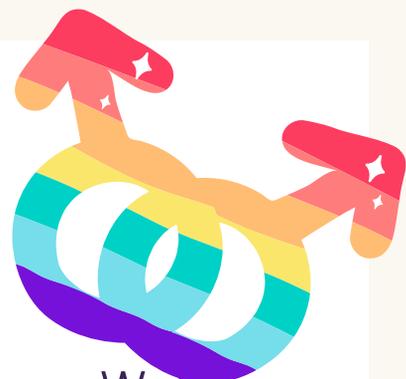
**HAPPY
PRIDE
MONTH**



SNEAK PEAK AT WHAT'S INSIDE...

- Happy Pride!
Monthly feature— The History of the Pride Flag
- Role model of the month- Levi Davis
- LGBTQ+ book of the month- Mr Loverman
...and much more!

CONTENTS



be proud of
who you are.

- * Welcome
- * Happy Pride Month!
 - * Free gift
 - * LGBTQ+ News
 - * FHS News
- * LGBTQ+ Careers Advice
- * Role model of the month- Levi Davis
 - * LGBTQ+ word of the month-
Coming Out
 - * Feature of the month-
The History of the Pride Flag
- * LGBTQ+ book of the month-
Mr Loverman
 - * LGBTQ+ books in our library
- * LGBTQ+ school display of the month
 - * Need advice?
- * Free Pride posters



HELLO FOREST HILL SCHOOL!

Hello everyone!

HAPPY PRIDE MONTH!

This edition is jam-packed full of celebration for Pride month and we hope you enjoy it!

Forest Hill School is committed to improving equality for everyone. If you have any ideas on how we can continue to work on this, please do let us know.

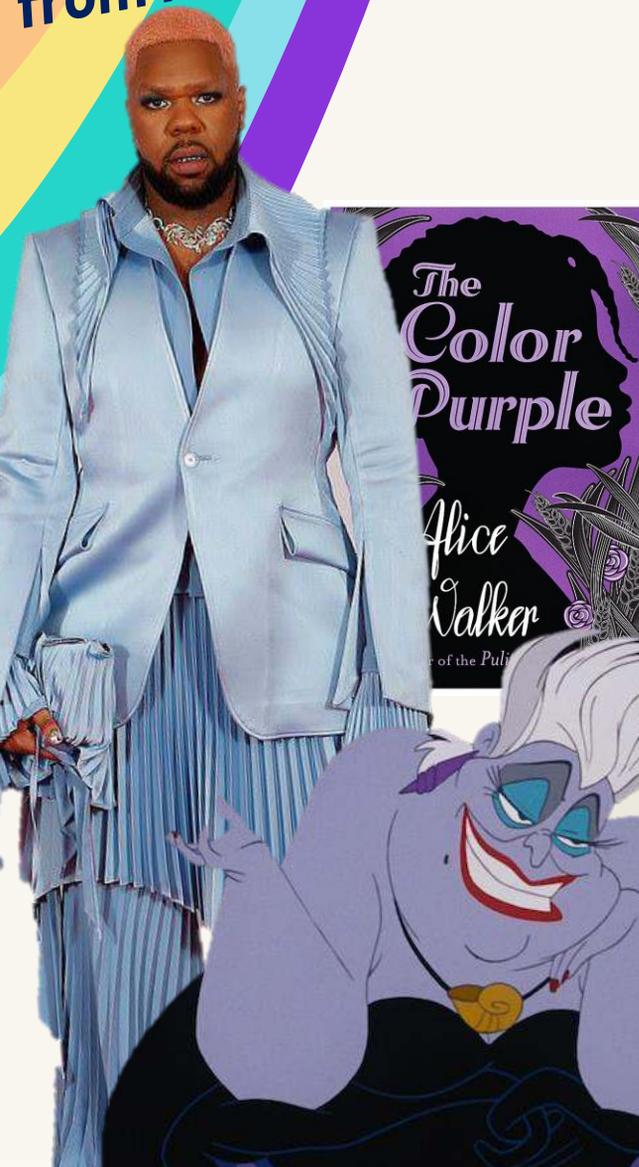
#equalitymattersatFHS

We would love to hear from anyone that would like to contribute to the magazine. Please contact our editors, Ms Suart and Mr Cox:
e.suart@foresthillschool.co.uk
m.cox@foresthillschool.co.uk

We hope you enjoy this edition!

Ms Suart & Mr Cox

Some highlights
from last month!



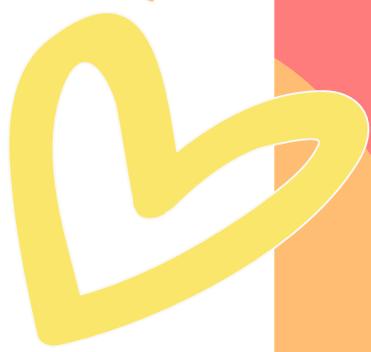
**HAPPY
PRIDE
MONTH!**





FREE

GIFT!



**Free rainbow
ribbon for any
student or staff
member!
Just ask Ms Suart**



**Get more freebies at
the end of this
magazine**



LGBTQ+ NEWS

More gay and bisexual men will be allowed to donate blood, platelets and plasma after "historic" new rules came into effect.

The new eligibility rules came into force this month on World Blood Donor Day and mean that donors in England, Scotland and Wales will **no longer be asked if they are a man who has had sex with another man**, NHS Blood and Transplant said.

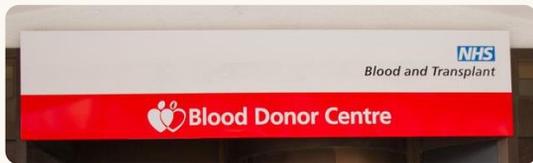
Instead, **any individual who attends to give blood regardless of gender will be asked if they have had sex and, if so, about recent sexual behaviours.**

Anyone who has had the same sexual partner for the last three months will be eligible to donate, meaning more gay and bisexual men will be able to donate blood, platelets and plasma while keeping blood just as safe, NHS Blood and Transplant said. (Sky News)



Birmingham hosts LGBTQ+ cricket history.

Sporting history has been made in Birmingham on Sunday when two LGBTQ+ cricket teams faced each other for what is thought to be the first time.



Hungary passes law banning LGBTQ+ content in schools or kids' TV

New legislation outlaws sharing information seen as promoting homosexuality with under-18s. This has prompted widespread criticism and protests at some of the Euro football matches.



FHS NEWS

Final chance to complete LGBTQ+ Survey!



At FHS, we are proud to **promote and celebrate LGBTQ+ equality and diversity**. We currently hold a Stonewall Bronze award and we are about to apply for the Silver award.

Before we do this, we have given you a survey to complete, which looks at our LGBTQ+ inclusion & celebration, as well as **our work targeting homophobia, biphobia and transphobia (HBT)**.

If you have not yet completed the survey, or if you have any **questions/ comments**, please feel free to send an email or speak directly to Ms Suart, Ms Learoyd and/ or Mr Cox.
e.suart@foresthillschool.co.uk

LGBTQ+ INCLUSIVE CAREERS ADVICE

**Good luck with your
next steps to FHS
and SFHG leavers!**



So you're looking for an
LGBTQ+ inclusive employer.
Where do you start and what do
you look out for? Use these top
tips as a starting point when
you're scrutinising organisations
you might want to work for...

Taken from- <https://www.proudemployers.org.uk/advice-guidance-top-tips-for-finding-an-lgbt-inclusive-employer>

LGBTQ+ INCLUSIVE CAREERS ADVICE

1. Check the application

Do the employer's materials mention diverse applicants? Do they welcome LGBT applicants, or make a clear statement that they don't discriminate on the basis of gender identity or sexual orientation?

2. Find out about their LGBTQ+ staff network group

Lots of organisations have an LGBTQ+ network group to support and connect LGBTQ+ colleagues. If you can't find one on an employer's website, get in touch to ask if they have one.

3. Search their website

If you put 'equality' into the website search bar, what comes up? Lots of organisations have public statements on equality, diversity and inclusion. Check if the organisation specifically talks about LGBTQ+ communities on their equality webpage.

4. Look for Stonewall logos

We work with more than 750 organisations, most of whom proudly display the Stonewall Diversity Champion or Global Diversity Champion logo on their job pages or application forms. A Stonewall Top 100 Employers logo means an organisation has worked hard to prove its LGBT-inclusion credentials.

5. Where are their jobs listed?

This website lists vacancies with our Diversity Champions. By choosing to advertise roles here, organisations show a real commitment to recruiting diverse talent and advancing LGBTQ+ equality.



LGBTQ+ INCLUSIVE CAREERS ADVICE

6. Ask about their policies and benefits

Does an employer state that parental leave, adoption leave and compassionate leave are available to staff in same-sex relationships? Does it use gender-neutral language and have a gender-neutral dress code? Ask your prospective employer about the policies that matter most to you.

7. Do they have senior LGBTQ+ champions?

The most inclusive organisations have someone at the top who champions equality. These senior members of staff visibly advocate for LGBTQ+ equality in the workplace.

8. Do they know about their demographics?

Can your future employer tell you how many women, disabled or LGBTQ+ people work there? If they can, it's because they've taken the time to ask their staff – a good indicator of best practice. The best organisations use this information to ensure there are no barriers for any employees.

9. Would you use their services?

Whether it's a healthcare provider, a bank or a retailer, is the organisation doing anything special to attract LGBTQ+ customers and service users?

10. Check their social media presence

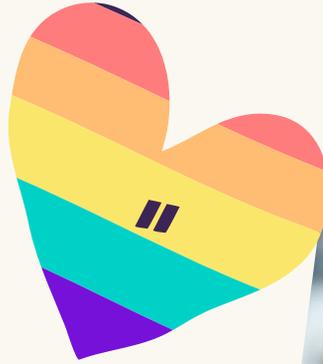
Lots of organisations are proud to show what they're doing to celebrate events like Pride or the International Day against Homophobia, Biphobia and Transphobia (IDAHoBiT). Have a look at an organisation's Facebook and Twitter pages to see what they do to celebrate diversity.



**LGBTQ+ ROLE
MODEL OF THE
MONTH**

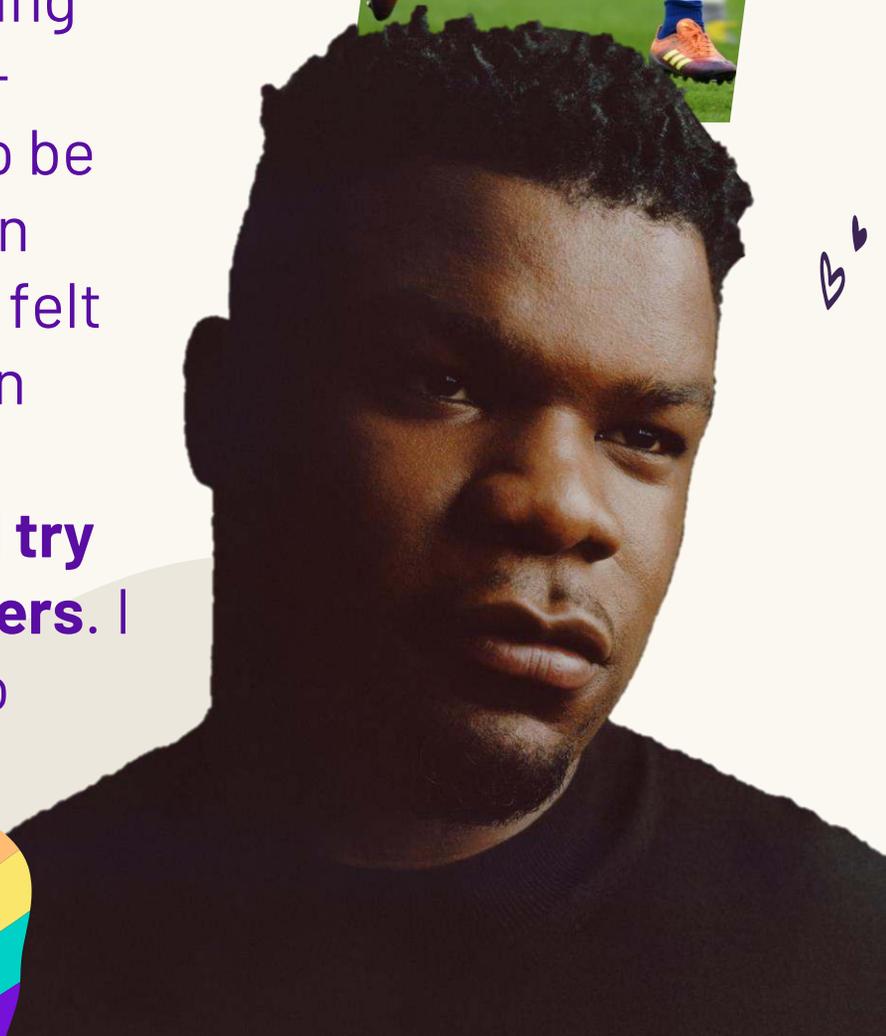
*"I just **wanted to be myself** and, for me, that's the best way I can **champion Pride.**"*

Levi Davis



(Rugby Player/ Bisexual)

Regarding coming out as bisexual-
"I just wanted to be **a shining light** in that respect... I felt like I had to then **reflect the positivity that I try and give to others.** I should give it to myself."



LGBTQ+ WORD OF THE MONTH



Coming out

When a **person first tells someone/others** about their **orientation and/or gender identity**.

Why have we chosen this word?

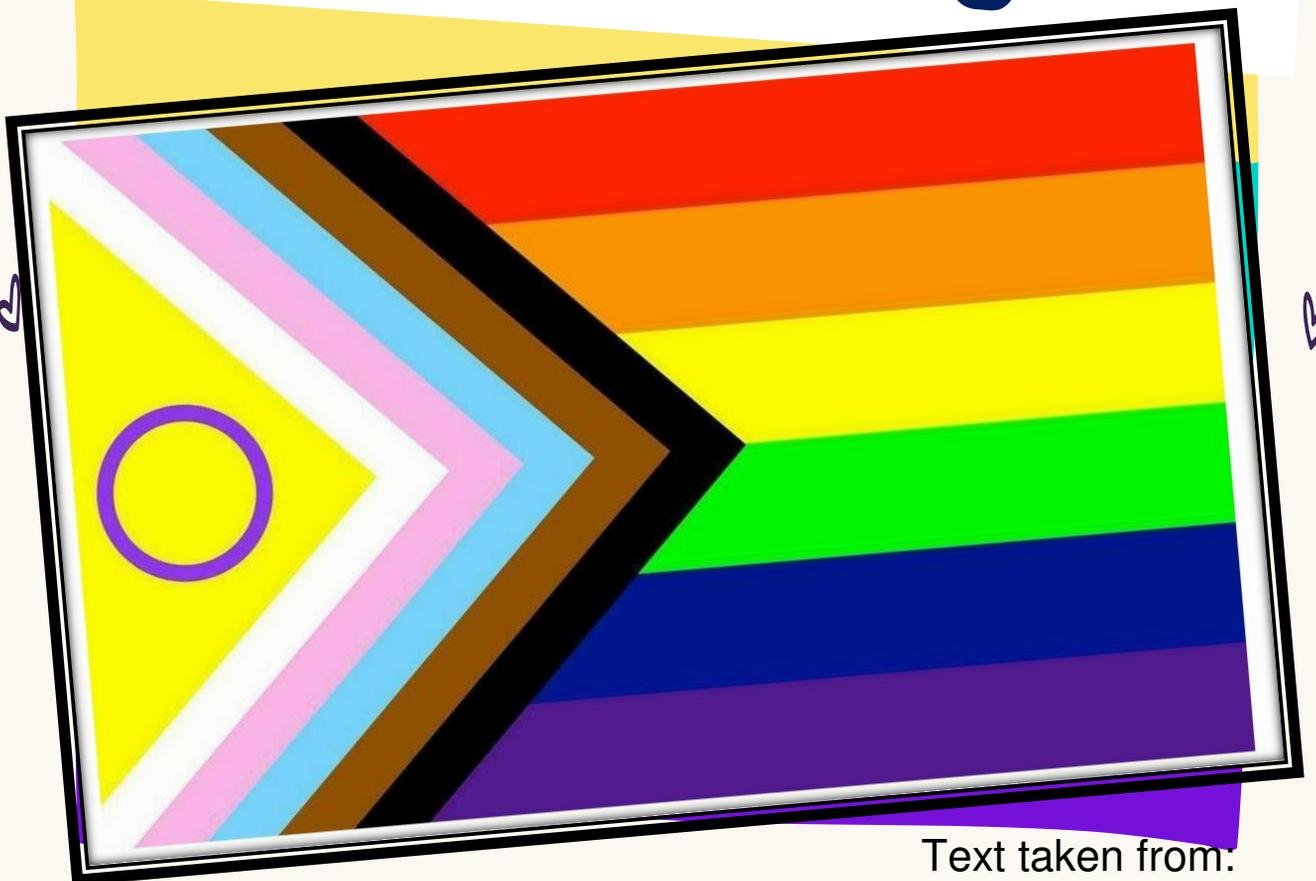
- Coming out is **often a continual process** for someone from the LGBTQ+ community. **Many LGBTQ+ people have to come out many times through out their lives**, particularly when meeting new people or starting work in different workplaces.
- When and how someone comes out should be their own personal decision. It is **not acceptable** to 'out' an LGBTQ+ person **without their consent**.



FEATURE OF THE MONTH

In honour of Pride, this month, our chosen feature looks at...

The history of the Pride flag!



Text taken from:
<https://parade.com/1048962/lindsaylowe/rainbow-pride-flag-meaning-history/>



The Pride flag

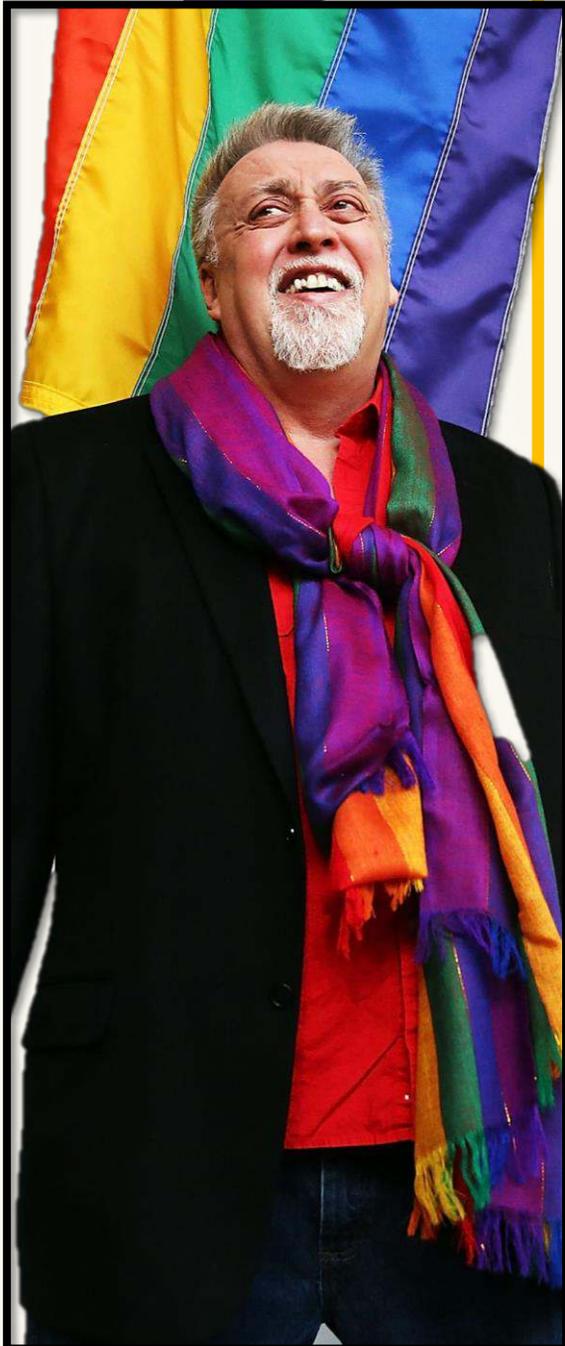
It's impossible to think of Pride Month without imagining the iconic rainbow Pride flag. We're taking a look at the **history of the rainbow Pride flag**, and various aspects of the **Pride flag meaning**.

The famous flag has become an enduring symbol of pride and support for lesbian, gay, bisexual, transgender, queer, non-binary, non-conforming and pansexual people. You probably know that the Pride flag is a rainbow, **but did you know that the design of the flag has changed over the years, and that each colour has a specific meaning?**





The history of the Pride flag



The rainbow Pride flag was designed in 1978 by artist and gay rights activist **Gilbert Baker**. He came up with the design after prominent gay rights leader Harvey Milk urged him to create **a new, positive symbol that the entire LGBTQ+ community could rally behind.**

Up until that point, a pink triangle had symbolized the gay rights movement. However, that symbol “represented a dark chapter in the history of same-sex rights,” he wrote. “Adolph Hitler conceived the pink triangle during World War II as a stigma placed on homosexuals in the same way the Star of David was used against Jews. It functioned as a Nazi tool of oppression. We all felt that **we needed something that was positive, that celebrated our love.**”

Baker thought a rainbow flag would better **represent the beautiful diversity of the LGBTQ+ community.** He also considered the powerful symbolic significance of rainbows throughout history.



The original Pride flag

Each colour on the Pride flag has a specific meaning. The original, eight-stripe flag designed by Baker had the following meanings for each colour:

	Hot pink = Sex
	Red = Life
	Orange = Healing
	Yellow = Sunlight
	Green = Nature
	Turquoise = Magic/Art
	Indigo = Serenity
	Violet = Spirit

The hot pink and turquoise stripes were subsequently removed – the pink, because it was difficult to source fabric of that colour, and the turquoise, because organizers of the 1979 San Francisco Pride parade wanted a flag with an even number of stripes.



"Haven't I seen other flags?"

In addition to the iconic rainbow Pride flag, several other flags with **different symbols and colour combinations exist to celebrate various gender identities and orientations under the LGBTQ+ umbrella**, including asexual, bisexual, genderfluid, and non-binary, and several others.



The Philadelphia
Pride Flag



The Transgender Flag



The Bisexual Pride Flag



The Pansexual Flag

The Bisexual Pride Flag

The Pansexual Flag



"Haven't I seen other flags?"



The Pride Flag That Started It All



The 6-Color Pride Flag



The Intersex Flag



The Flag for the Asexual Community



The Gay Men Pride Flag



The Modern Pride Flag



The Nonbinary Pride Flag



The Flag for the Lesbian Community





"Which flag should I use?"



This is one of **the most recent Pride flags to be used and represents a range of identities**, in order to be as diverse as possible. The purple circle in the yellow triangle is the **newest addition and represents intersex people**.

**At Forest Hill School, we are dedicated to supporting all intersectional identities.
Pride Matters.**



Further information

Look here for further information:

<https://www.bbc.co.uk/newsround/40459213>



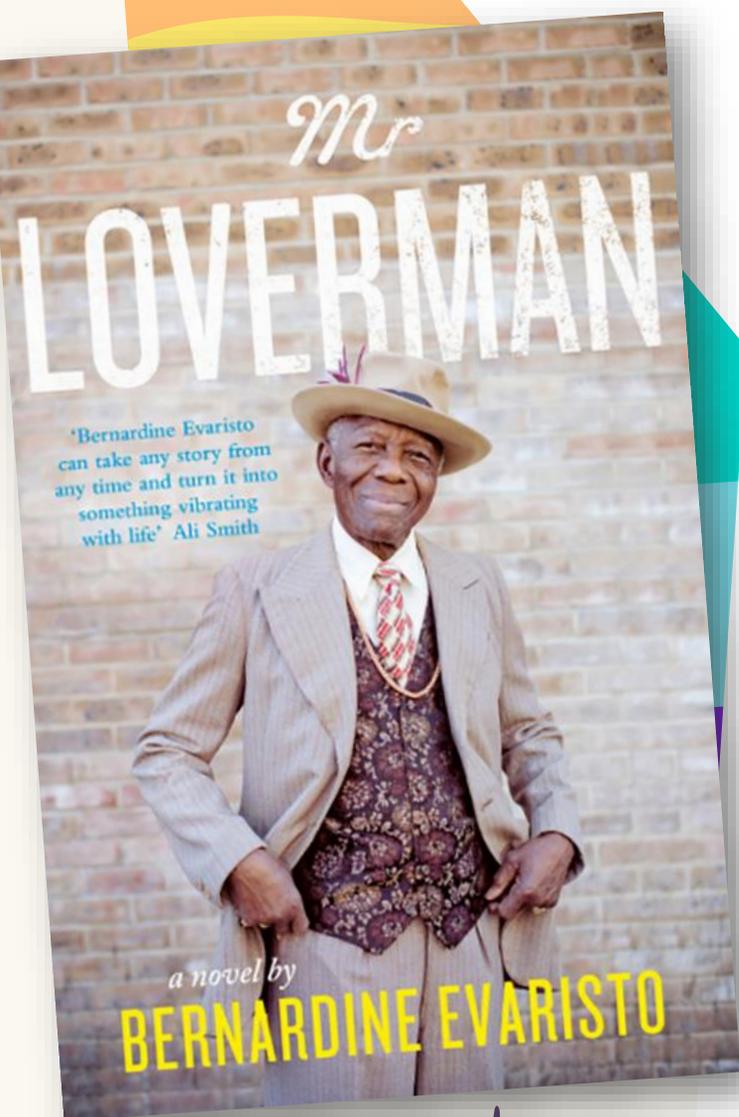
LGBTQ+ BOOK

OF THE MONTH

Pulitzer Prize-winning author!



**Mr Loverman-
Bernadine Evaristo**



Waterstones says...
"Quietly trailblazing in its depiction of homosexuality in Britain's elder Caribbean community, Evaristo's sparkling, nuanced novel revolves around Barrington Walker and his struggle to admit his sexuality to his friends and loved ones. **Compassionate and vibrant, Mr Loverman sings with humanity and the need to be true to your innermost feelings.**"

LGBTQ+ BOOK OF THE MONTH

Mr Loverman- Bernadine Evaristo

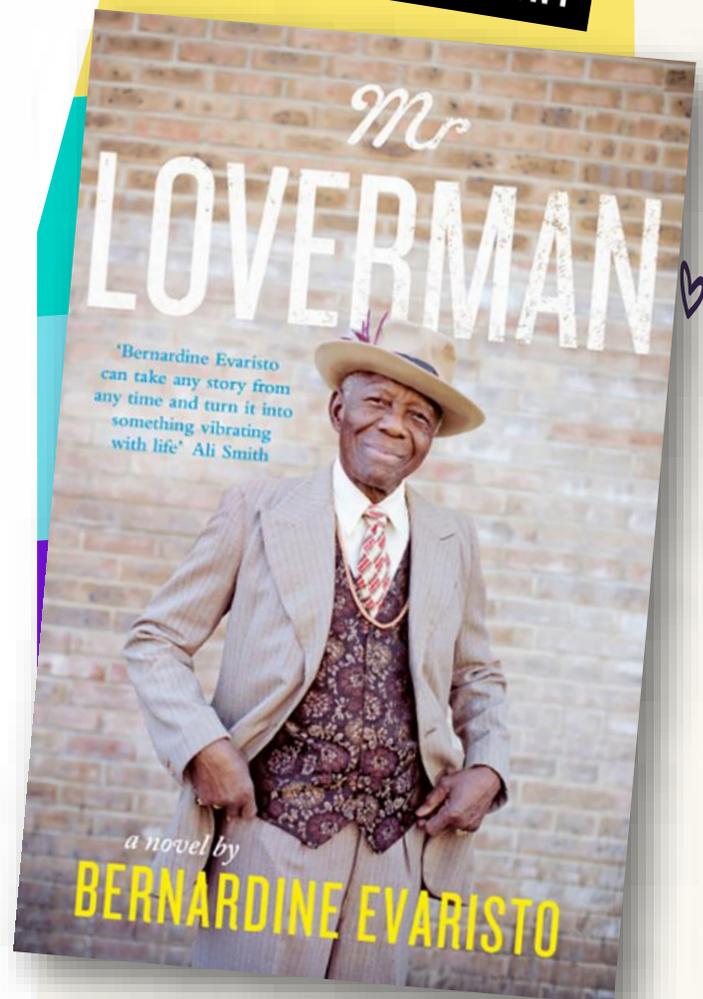


For pupils in year
10 and above

Ms Suart says...

"This was a **fantastically engaging and enjoyable** novel which tells the story of **someone desperate to live their truth** but struggling due to many years of having to hide their true identity. Despite this, the novel is **full of joy and heart** and I loved it! In particular, I would really recommend listening to the **audiobook as it is narrated brilliantly!**"

**TRIGGER
WARNING
EXPLICIT CONTENT**



LGBTQ+ BOOKS IN OUR LIBRARY



FOREST HILL SCHOOL
ASPIRING TO EXCELLENCE TOGETHER

Our school library has lots of books with LGBTQ+ themes.

Please see below the links to find them and borrow them!

- LGBTQ+ books to read on the eplatform
- LGBTQ+ books to listen to on the eplatform
- LGBTQ+ books to click & collect from the library



NEED ADVICE?

If you have been affected by anything in this issue, need support or would like more information, there are lots of people and organisations who can support you.

For example:

At FHS:

- **Equality Ambassadors:
Ms Suart, Mr Cox & Ms Learoyd**
- **Your tutor**
- **Your Head of Year**
- **Any member of SLT**
- **Ms Rhodes (school counsellor)**

External organisations and charities:

- **Stonewall** <https://www.stonewall.org.uk/>
- **Metro** <https://metrocharity.org.uk/>
- **Mermaids** <https://mermaidsuk.org.uk/>



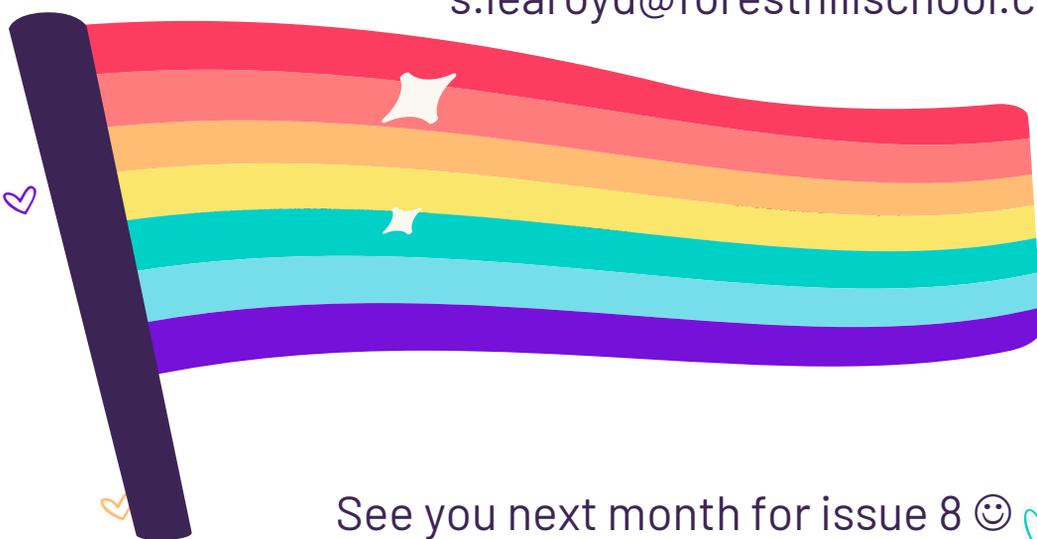
THANKS FOR READING!

For anyone needing support or feeling marginalised due to your identity... we are PROUD to be in solidarity with you.

You matter.

Please email Ms Suart, Mr Cox or Ms Learoyd for any further information or support:

e.suart@foresthillschool.co.uk
m.cox@foresthillschool.co.uk
s.learoyd@foresthillschool.co.uk



See you next month for issue 8 😊



FREE PRIDE

POSTERS

**Print off the
following pages to
create your very
own Pride posters
and banners!**



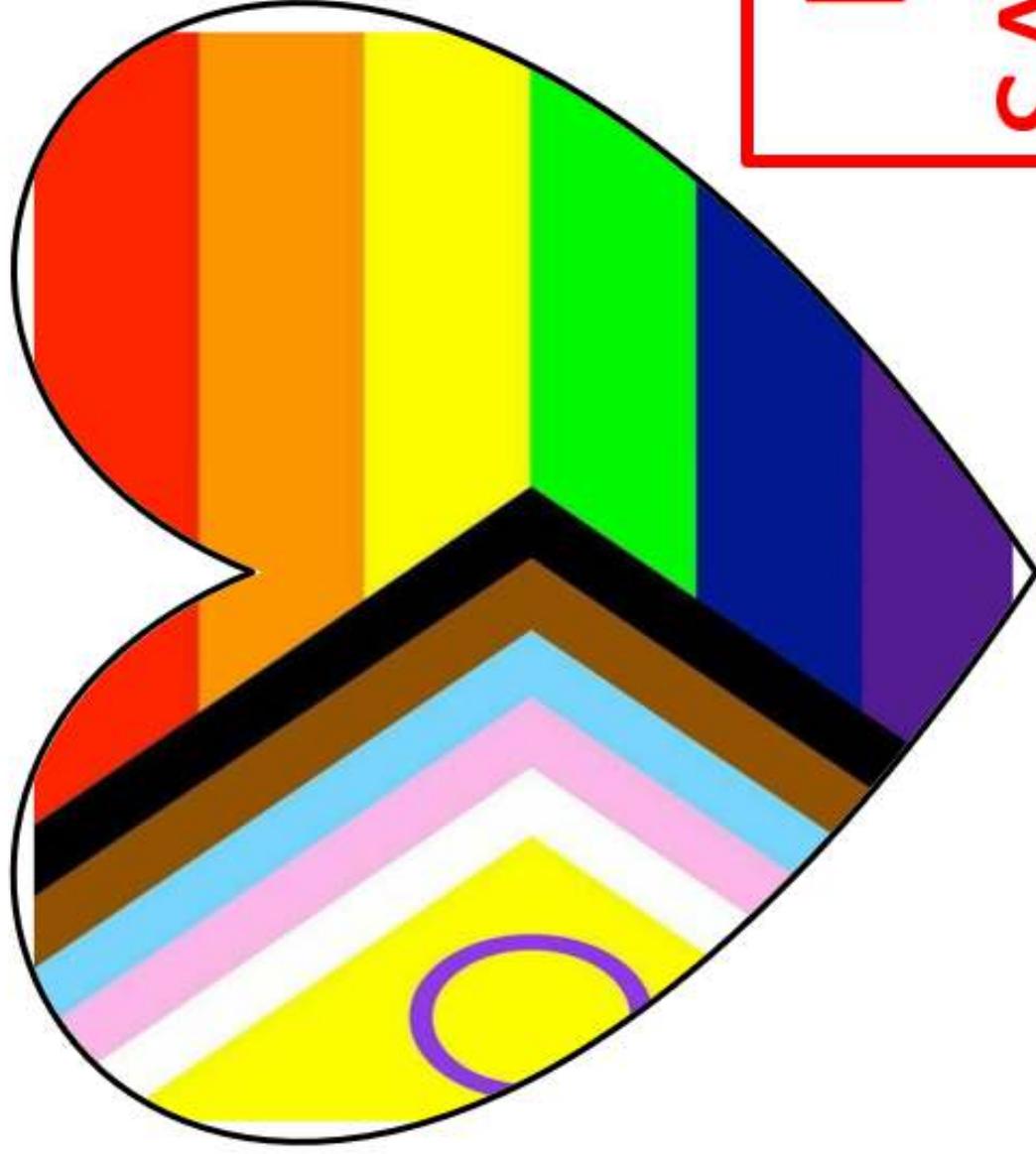


LOVE

IS LOVE







LGBTQ+
SAFE SPACE