

Revision Pack Topic 4- Bioenergetics

| Photosynthesis | R/A/G |
|--|--------------|
| Photosynthesis is represented by the equation $\text{carbon dioxide} + \text{water} \xrightarrow{\text{light}} \text{glucose} + \text{oxygen}$ | |
| Symbols for this reaction are CO_2 , H_2O , O_2 and $\text{C}_6\text{H}_{12}\text{O}_6$ | |
| Photosynthesis is an endothermic reaction | |
| Energy from light is absorbed by chloroplasts | |
| The rate of photosynthesis can be changed due to light intensity, amount of carbon dioxide, chlorophyll and temperature these are known as limiting factors | |
| Measure and calculate the rate of photosynthesis | |
| Analyse, interpret and plot graphs that provide information on photosynthesis | |
| HIGHER: understand that more than one limiting factor can affect photosynthesis | |
| HIGHER: Inverse square law - how light intensity shows inverse proportion | |
| HIGHER: identify that limiting factors are used to enhance greenhouses and provide the maximum rate of photosynthesis to maintain profit in industry | |
| Required practical activity 5: Investigating the effect of light intensity on the rate of photosynthesis on pondweed | |
| Understand that the closer the light source is to the pondweed the more photosynthesis occurs. Photosynthesis was measured by counting the bubbles of oxygen produced in a set time. | |
| Uses of glucose | |
| Glucose from photosynthesis can be used for: <ul style="list-style-type: none"> • Respiration • Converted into insoluble starch for storage • Used to produce fat/oils for storage • Used to produce cellulose to strengthen cell walls • Used to produce amino acids for protein synthesis | |
| To make proteins plants must absorb nitrate ions from the soil | |
| Respiration | |
| Respiration in cells is an exothermic reaction that is continuous in living cells | |
| Energy from respiration is needed for all living processes such as <ul style="list-style-type: none"> • Chemical reactions to build larger molecules • Movement • Keeping warm (thermoregulation) | |
| Respiration can be aerobic (with oxygen) or anaerobic (without oxygen) | |
| Aerobic Respiration | |
| Oxygen is required for this type of respiration | |
| Lots of energy is produced during aerobic respiration | |
| Equation for aerobic respiration is: $\text{glucose} + \text{oxygen} \rightarrow \text{carbon dioxide} + \text{water}$ | |
| Symbols for this reaction are CO_2 , H_2O , O_2 and $\text{C}_6\text{H}_{12}\text{O}_6$ | |
| Anaerobic Respiration | |
| Oxygen is not required for anaerobic respiration which is used for short amounts of time | |
| Much less energy is produced in anaerobic respiration as breakdown of glucose is incomplete | |
| Equation for anaerobic respiration in muscles is: | |

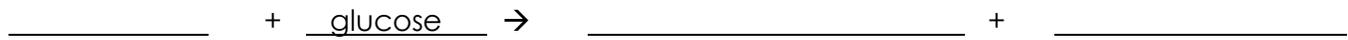
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| | |
|---|--|
| glucose → lactic acid | |
| Anaerobic respiration can also take place in yeast cells and is represented by: glucose → ethanol + carbon dioxide | |
| In yeast cells anaerobic respiration is called fermentation and is used to make alcohol and bread. | |
| Response to exercise | |
| The human body reacts to increased demand for energy during exercise | |
| Heart rate, breathing rate and breath volume all increase | |
| More oxygen is supplied to muscles and there is more oxygenated blood | |
| During anaerobic respiration, lactic acid builds up and creates an oxygen debt, muscles can become fatigued and stop contract efficiently after long periods of anaerobic activity | |
| Oxygen debt is repaid after exercise as the person continues to breath heavily | |
| HIGHER: blood flowing through the muscles transports lactic acid back to the liver where it is converted back to glucose. | |
| Metabolism | |
| Sugars, amino acids, fatty acids and glycerol are synthesised | |
| Carbohydrates, proteins and lipids are broken down | |
| Metabolism is the sum of all the reactions in the cell or body | |
| Energy from respiration is used for enzyme controlled processes that make new molecules | |
| Metabolism includes <ul style="list-style-type: none"> • Glucose to starch / glycogen or cellulose in plants • Formation of lipids from glycerol and fatty acids • Glucose and nitrates forming amino acids and then proteins • Respiration • Breakdown of proteins to form urea for excretion | |

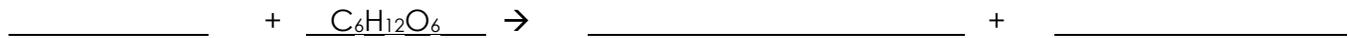
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Photosynthesis

Complete the equation



Can you complete write a symbol equation



Stuck? Pick from this box

| | | | |
|-----------------|-------------------|--------------------------------|------------------|
| CO ₂ | NaCl | H ₂ SO ₄ | H ₂ O |
| Cl ₂ | CaCO ₃ | O ₂ | |

Identify which organelle photosynthesis takes place in

State what can be found inside this organelle and how it helps photosynthesis take place

Select the correct answer and fill in the gaps:

Photosynthesis is an exothermic / endothermic reaction. Exothermic reactions take in /

release heat to the surroundings whereas endothermic reactions take in / release heat from

the surroundings

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Uses of glucose

Plants use glucose in five different ways, match up the key uses to explanations

| | | |
|-----------------------|--|--|
| For respiration | | Glucose is stored in roots, stems and leaves in this form and can be used when photosynthesis rate is low (e.g. in winter) |
| Making cellulose | | Energy from glucose provides the plant with energy to change glucose into other stores |
| Making amino acids | | Glucose is turned into lipids and stored in roots, stems and leaves |
| Stored as fats / oils | | This provides strong plant cell walls |
| Stored as starch | | Glucose combines with nitrate ions from the soil to make proteins for the plant |

Limiting factors

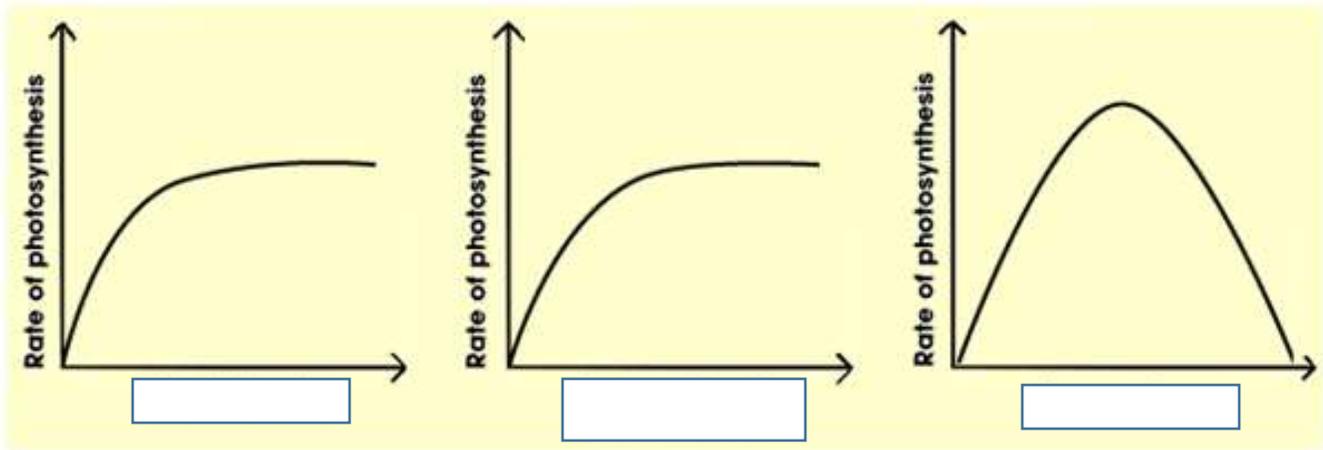
Define the term 'limiting factor' _____

The three limiting factors are:

-
-
-

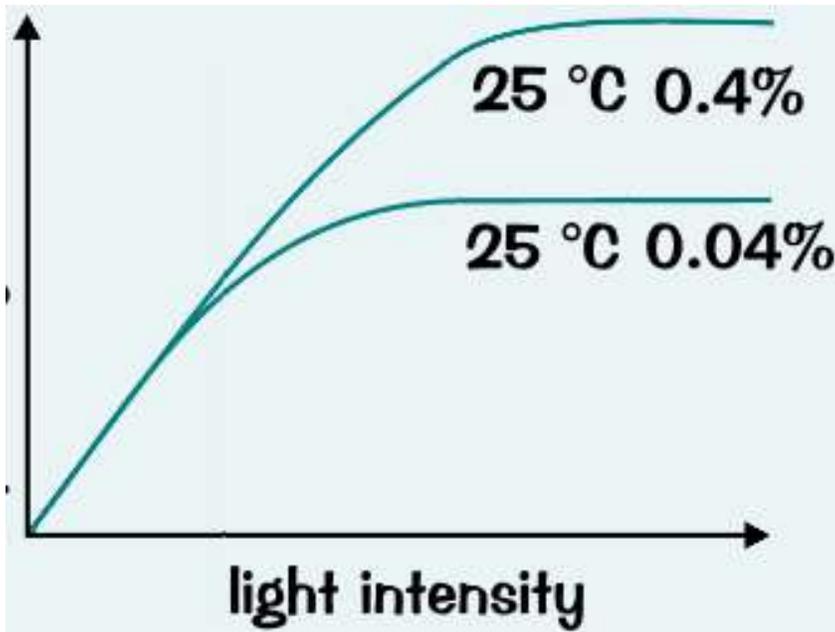
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Match each limiting factor to the correct graph



Describe graph 3, particularly explain why the graph decreases after 40 °C

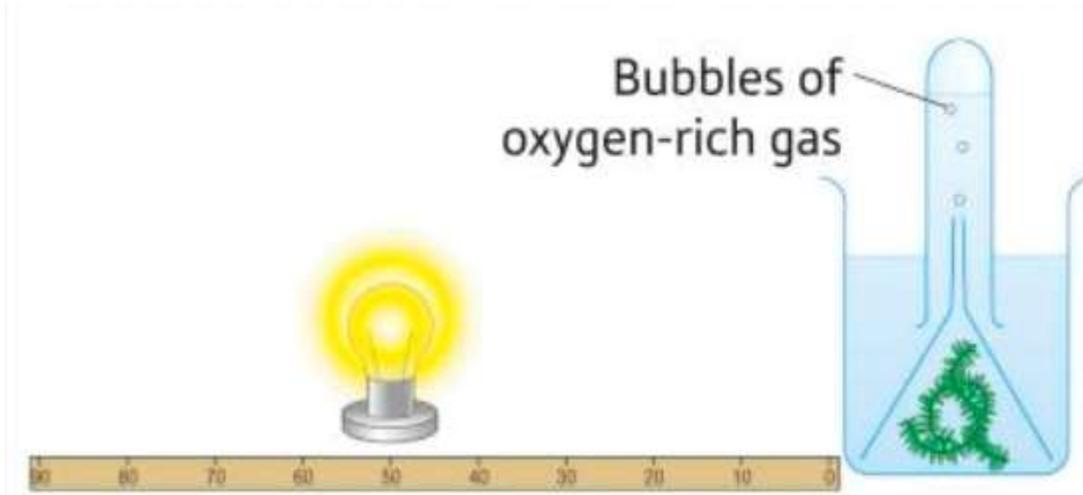
Use this graph to explain what the ideal conditions are for photosynthesis.



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Required practical – rate of photosynthesis

Use the picture to help you answer the questions



1. Identify the control, independent and dependant variable in this investigation

2. Write a short method for this practical

1.

2.

3.

4.

5.

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HIGHER TIER ONLY The **inverse square law** links light intensity and distance. The relationship between light and distance is said to be inversely proportional.

Use this equation to answer the following questions:

$$\text{Light intensity} \propto \frac{1}{\text{distance}^2}$$

1. Use the inverse square law to calculate the light intensity when the lamp is 10cm from the pondweed

2. What is the light intensity when the lamp is 32cm from the sunflower?

3. EXT: what is the distance when the light intensity is 0.02 a.u.?

ALL STUDENTS SHOULD KNOW:

Farmer John wants to grow Strawberries in Sheffield, the weather doesn't allow him to grow strawberries all year round. John is thinking of investigating in an artificial green house.

Advise farmer John what he could put in his green house to guarantee his strawberry plants grow.

Hint...think limiting factors!

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RESPIRATION

Define respiration:

Respiration is takes place in all/some of our cells and occurs when we need it / continuously. All living things respire including plants, respiration is an exothermic / endothermic reaction/

Energy from respiration can be used for all kinds of things, identify three ways it is used:

- 1.
- 2.
- 3.

METABOLISM

All the reactions that occur in cells or the body are called metabolism.

Find an example of larger molecules being broken down into smaller ones:

Find an example of smaller molecules being built into bigger ones:

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AEROBIC OR ANAEROBIC

Aerobic respiration occurs in all plant and animal cells. It is respiration using _____. It is the most efficient way to transfer energy from glucose. Aerobic respiration occurs in the _____. This type of respiration is used the majority of the time in cells.

The word equation is:

_____ + glucose → _____ + _____

The symbol equation in:

_____ + C₆H₁₂O₆ → _____ + _____

Stuck? Use the box to help you...

| | | | | |
|-----------------|--------------|----------------|------------------|-------------|
| CO ₂ | mitochondria | Oxygen | H ₂ O | chloroplast |
| Oxygen | | Carbon dioxide | O ₂ | water |

Anaerobic respiration occurs when there is not enough _____. It is not as efficient as aerobic respiration. Breakdown of glucose is complete / incomplete and **L**_____ **A**_____ is made as a waste product.

The word equation is:

glucose → _____

As there isn't enough _____ the glucose is not **fully oxidised** so this type of respiration is only used in emergencies or for short bursts of fast exercise (e.g. Usain Bolt – 100m sprint)

Anaerobic respiration in plants:

Plants and yeast produce _____ instead of **L**_____ **A**_____ during anaerobic respiration. In Yeast cells this is called **F**_____.

The word equation is:

glucose → _____ + _____

This is a useful process that can be used to make alcoholic drinks such as _____ and also to make bread. The waste product _____ causes the bread to rise.

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What are the differences between aerobic and anaerobic respiration?

| Aerobic | Anaerobic |
|---------|-----------|
| | |

EXERCISE

During exercise changes occur within your body. Identify 4 things that change when exercising:

- 1.
- 2.
- 3.
- 4.

If you exercise for a long time what can happen to your muscles?

****HINT** – think about what cramp is!

Anaerobic respiration can lead to 'Oxygen Debt', explain what an oxygen debt is and why it occurs.

Describe how the oxygen debt is repaid after exercise:

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INVESTIGATING EXERCISE

Heart rate can be taken by finding your: _____

This can be found by placing two fingers on which part of your body: _____

Outline a method to investigate the effect of exercise on the body:

Equipment list:

-
-
-
-

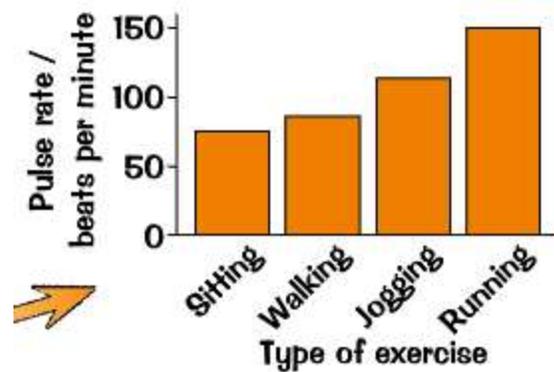
Method:

-
-
-
-
-

How could you make sure you're results were valid and precise?

Imagine this graph showed your results, what conclusion can be made?

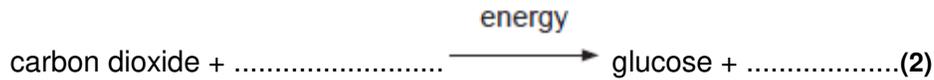
**hint think about the relationship that is shown by the graph and use data to support your answer



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Q1. Photosynthesis uses carbon dioxide to make glucose.

- (a) (i) Complete the equation for photosynthesis.



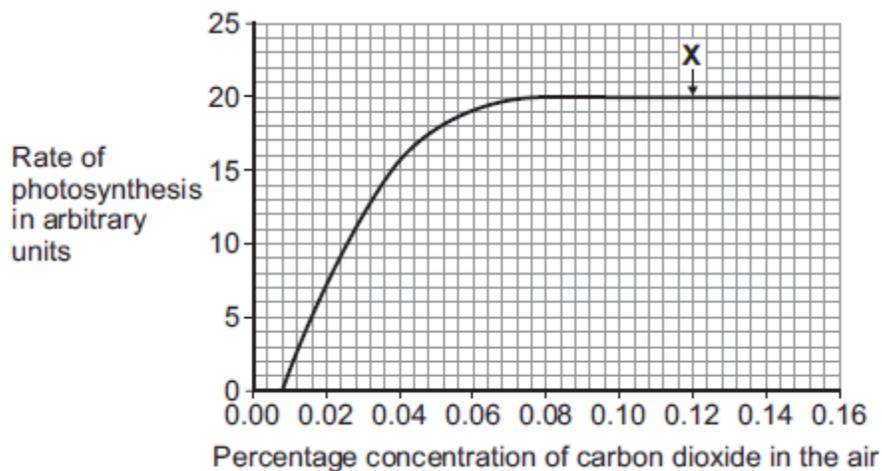
- (ii) What type of energy does a plant use in photosynthesis?

.....(1)

- (iii) Which part of a plant cell absorbs the energy needed for photosynthesis?

.....(1)

- (b) The graph shows the effect of the concentration of carbon dioxide on the rate of photosynthesis in tomato plants at 20 °C.



- (i) What is the maximum rate of photosynthesis of the tomato plants shown in the graph?

..... arbitrary units (1)

- (ii) At point X, carbon dioxide is **not** a limiting factor of photosynthesis.

Suggest **one** factor that is limiting the rate of photosynthesis at point X.

.....(1)

- (c) A farmer plans to grow tomatoes in a large greenhouse.

The concentration of carbon dioxide in the atmosphere is 0.04%.

The farmer adds carbon dioxide to the greenhouse so that its concentration is 0.08%.

- (i) Why does the farmer use 0.08% carbon dioxide?

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Tick (✓) **one** box.

To increase the rate of growth of the tomato plants

To increase the rate of respiration of the tomato plants

To increase water uptake by the tomato plants

(1)

(ii) Why does the farmer **not** use a concentration of carbon dioxide higher than 0.08%?

Tick (✓) **two** boxes.

Because it would cost more money than using 0.08%

Because it would decrease the temperature of the greenhouse

Because it would not increase the rate of photosynthesis of the tomato plants any further

Because it would increase water loss from the tomato plants

(2)

(Total 9 marks)

Q2.(a) Complete the word equation for photosynthesis.



(1)

(b) Draw a ring around the correct answer to complete each sentence.

(i) The energy needed for photosynthesis comes from

| |
|--------------|
| light. |
| osmosis. |
| respiration. |

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(ii) Energy is absorbed by a green pigment called

- chloride.
- chloroplast.
- chlorophyll.

(1)

(iii) If the temperature is decreased the rate of photosynthesis will

- decrease.
- increase.
- stay the same.

(1)

(1)

(c) Give **three** ways in which plants use the glucose made in photosynthesis.

1

.....

2

.....

3

.....(3) (Total 7 marks)

Q3.Plants absorb light to photosynthesise. (a) What is the correct word equation for photosynthesis?

Tick **one** box.

carbon dioxide + glucose \longrightarrow oxygen + water

glucose + oxygen \longrightarrow carbon dioxide + water

oxygen + water \longrightarrow carbon dioxide + glucose

water + carbon dioxide \longrightarrow oxygen + glucose

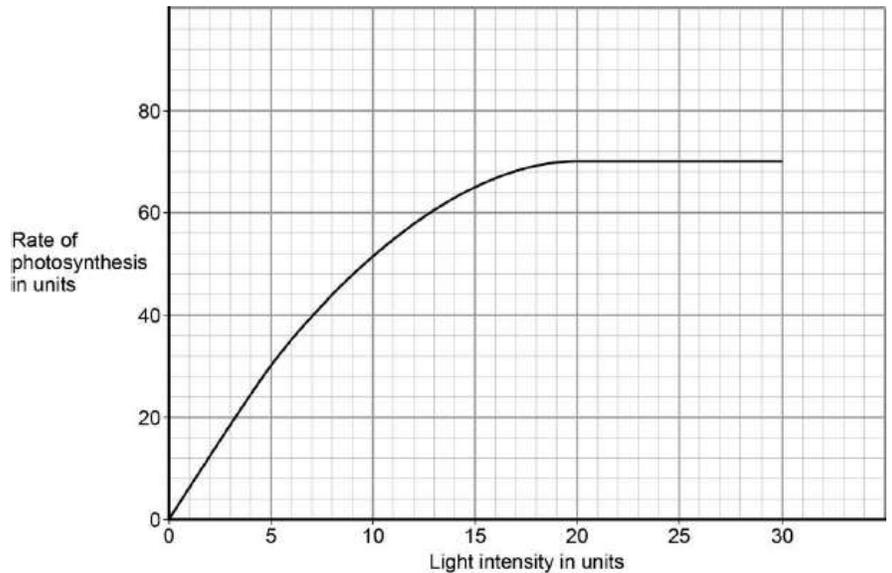
1)

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(c) A scientist carried out a similar investigation. Her results are shown in **the graph**.

The scientist said: ‘**Light stops being a limiting factor at a light intensity of 20 units.**’

Give evidence from **Figure 2** to support this statement

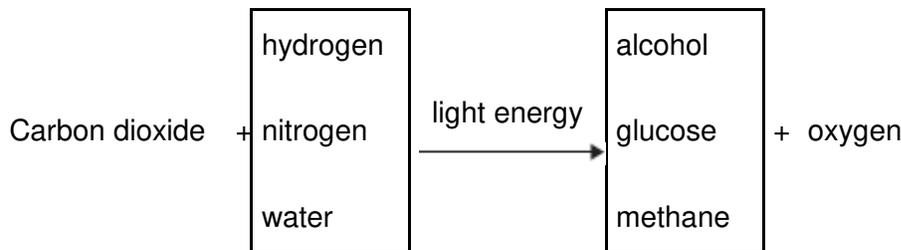


.....(1)

(d) What could be limiting the rate of photosynthesis at a light intensity of 25 units? Give **one** factor.

.....(1) **Total 9 marks**

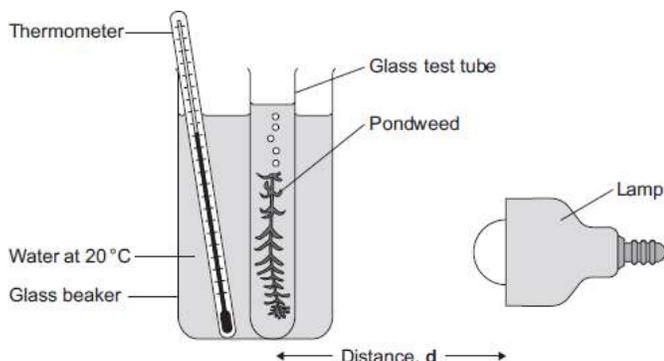
Q4.(a) Complete the equation for photosynthesis. Draw a ring around each correct answer.



(2)

Some students investigated the effect of light intensity on the rate of photosynthesis in pondweed.

The diagram shows the apparatus the students used.



The closer the lamp is to the pondweed, the more light the pondweed receives.

The students placed the lamp at different distances, **d**, from the pondweed.

They counted the number of bubbles of gas released from the pondweed in 1 minute for each distance.

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- (b) A thermometer was placed in the glass beaker. Why was it important to use a thermometer in this investigation?

.....
.....
.....
.....(3)

- (c) The students counted the bubbles four times at each distance and calculated the correct mean value of their results. The table shows the students' results.

| Distance d in cm | Number of bubbles per minute | | | | |
|---------------------|------------------------------|----|----|----|------|
| | 1 | 2 | 3 | 4 | Mean |
| 10 | 52 | 52 | 54 | 54 | 53 |
| 20 | 49 | 51 | 48 | 52 | 50 |
| 30 | 32 | 30 | 27 | 31 | 30 |
| 40 | 30 | 10 | 9 | 11 | |

- (i) Calculate the mean number of bubbles released per minute when the lamp was 40 cm from the pondweed.

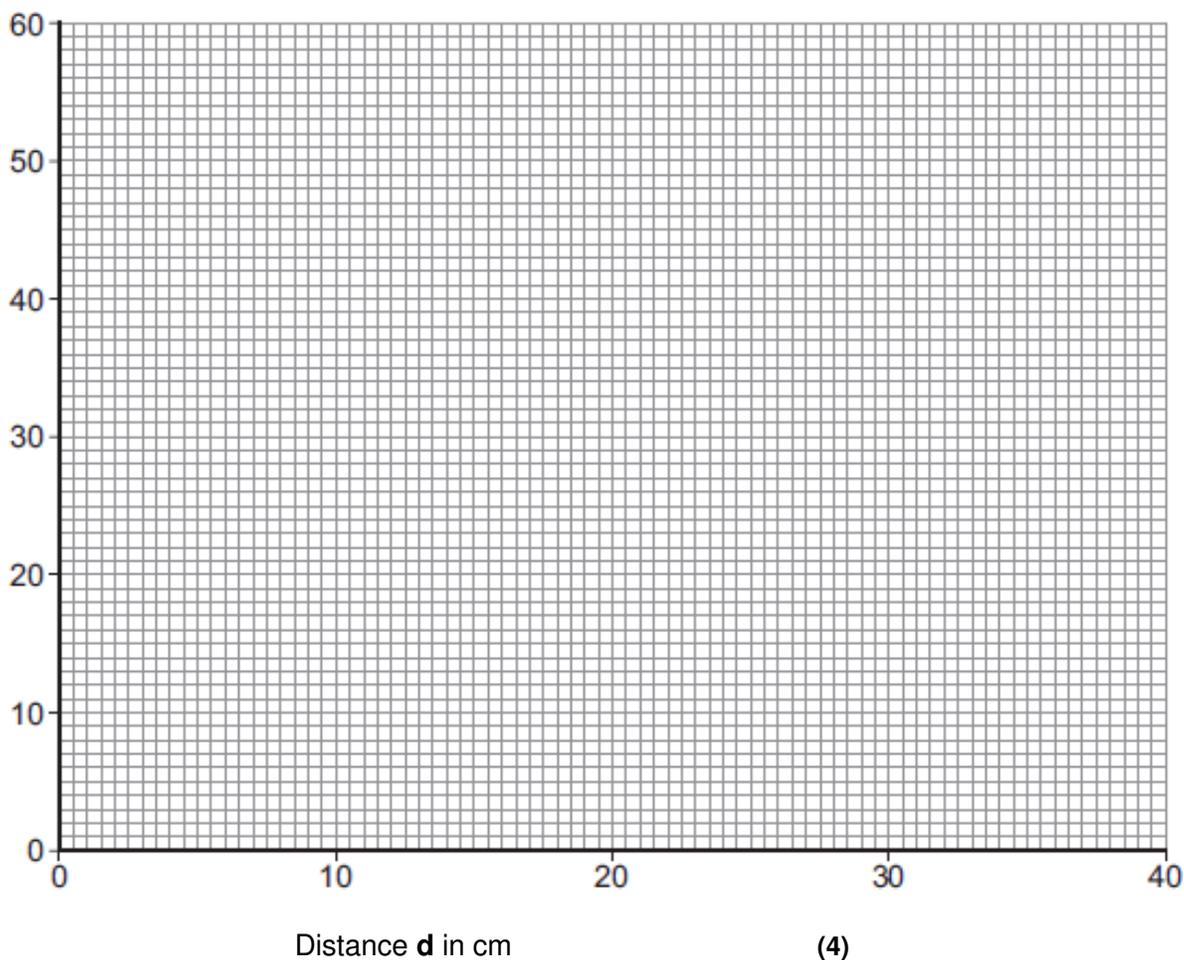
.....
.....

Mean number of bubbles at 40 cm =(2)

- (ii) On the graph paper below, draw a graph to show the students' results:

- add a label to the vertical axis
- plot the **mean values** of the number of bubbles
- draw a line of best fit.

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- (iii) One student concluded that the rate of photosynthesis was inversely proportional to the distance of the lamp from the plant. Does the data support this conclusion?

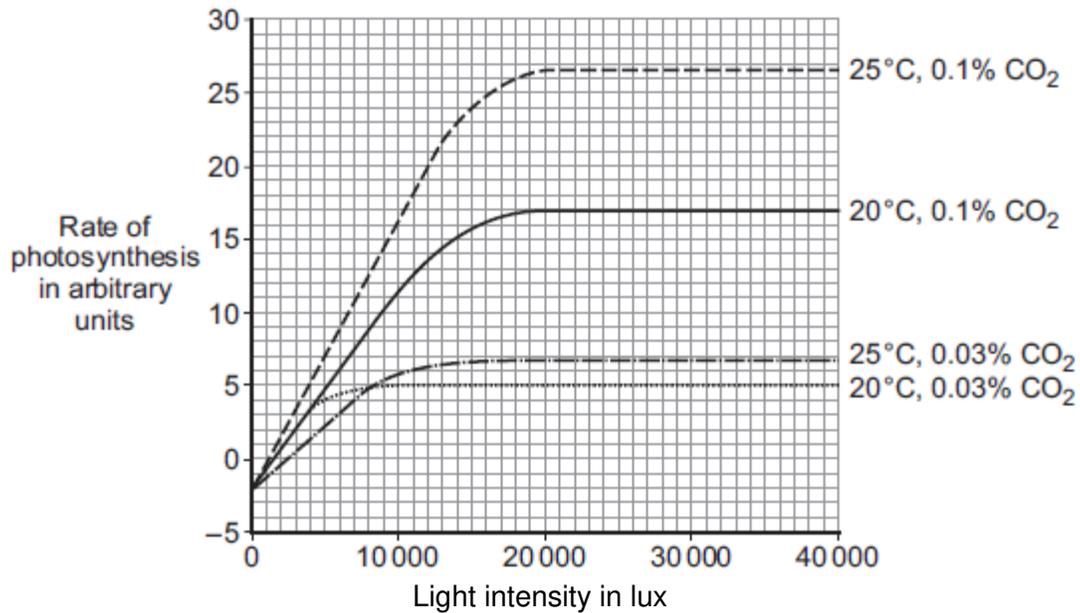
Explain your answer.

.....
.....
.....
.....(2)

- (d) Light intensity, temperature and concentration of carbon dioxide are factors that affect the rate of photosynthesis. Scientists investigated the effects of these three factors on the rate of photosynthesis in tomato plants growing in a greenhouse.

The graph below shows the scientists' results.

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A farmer in the UK wants to grow tomatoes commercially in a greenhouse. The farmer read about the scientists' investigation.

During the growing season for tomatoes in the UK, natural daylight has an intensity higher than 30 000 lux.

The farmer therefore decided to use the following conditions in his greenhouse during the day:

- 20°C
- 0.1% CO₂
- no extra lighting.

Suggest why the farmer decided to use these conditions for growing the tomatoes. You should use information from the scientists' graph in your answer.

.....

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.....

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(4)(Total 17 marks)

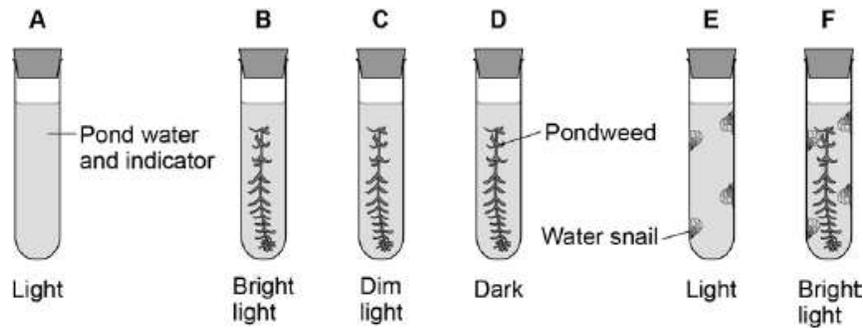
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Q5.A student investigated the effect of pond organisms on the amount of carbon dioxide in their surroundings.

The student set up six boiling tubes as shown in the figure below. They were left for 2 days.

Each boiling tube contained pond water with an indicator. The indicator was pink at the start of the investigation.

- If the amount of carbon dioxide in the water increased the indicator turned yellow.
- If the amount of carbon dioxide in the water decreased the indicator turned purple.



(a) What is the purpose of boiling tube **A**?

.....

(2)

(b) In which boiling tube would the indicator be the **most yellow** after 2 days? Explain your answer.

Boiling tube

Explanation

.....(3)

(c) The colour of the indicator in boiling tube **C** had not changed after 2 days. Suggest why.

.....
(1)(Total 6 marks)

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Q6. Muscles need energy during exercise. Draw a ring around the correct answer in parts (a) and (b) to complete each sentence.

(a) (i) The substance stored in the muscles and used during exercise is

- glycogen.
- lactic acid.
- protein.

(1)

(ii) The process that releases energy in muscles is

- digestion.
- respiration.
- transpiration.

(1)

(b) The table shows how much energy is used by two men of different masses when swimming at different speeds.

| Speed of swimming in metres per minute | Energy used in kJ per hour | |
|--|----------------------------|-----------|
| | 34 kg man | 70 kg man |
| 25 | 651 | 1155 |
| 50 | 1134 | 2103 |

i) When the 34 kg man swims at 50 metres per minute instead of at 25 metres per minute,

- 36 kJ.
- 483 kJ.
- 948 kJ.

the extra energy he uses each hour is

(1)

(ii) When swimming at 50 metres per minute, each man's heart rate is faster than when swimming at 25 metres per minute.

- carbon dioxide.
- glycogen.
- oxygen.

A faster heart rate helps to supply the muscles with more

(1)

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(iii) During the exercise the arteries supplying the muscles would

constrict.
dilate.
pump
harder.

(1)

(c) When a person starts to swim, the breathing rate increases. Give **one** way in which this increase helps the swimmer.

.....

.....1)(Total 6 marks)

Q7.Respiration can happen aerobically or anaerobically. Respiration transfers energy from glucose.

(a) Draw **one** line from each type of respiration in human cells to the correct information.

**Type of respiration
in human cells**

Information

| | |
|-----------------------|----------------------|
| | Produces ethanol |
| Aerobic respiration | Uses oxygen |
| Anaerobic respiration | Uses carbon dioxide |
| | Produces lactic acid |

(2)

(b) The table below shows the amount of energy released by aerobic and anaerobic respiration.

| | Energy in kJ transferred from 1 g of glucose |
|-----------------------|--|
| Aerobic respiration | 16.1 |
| Anaerobic respiration | 1.2 |

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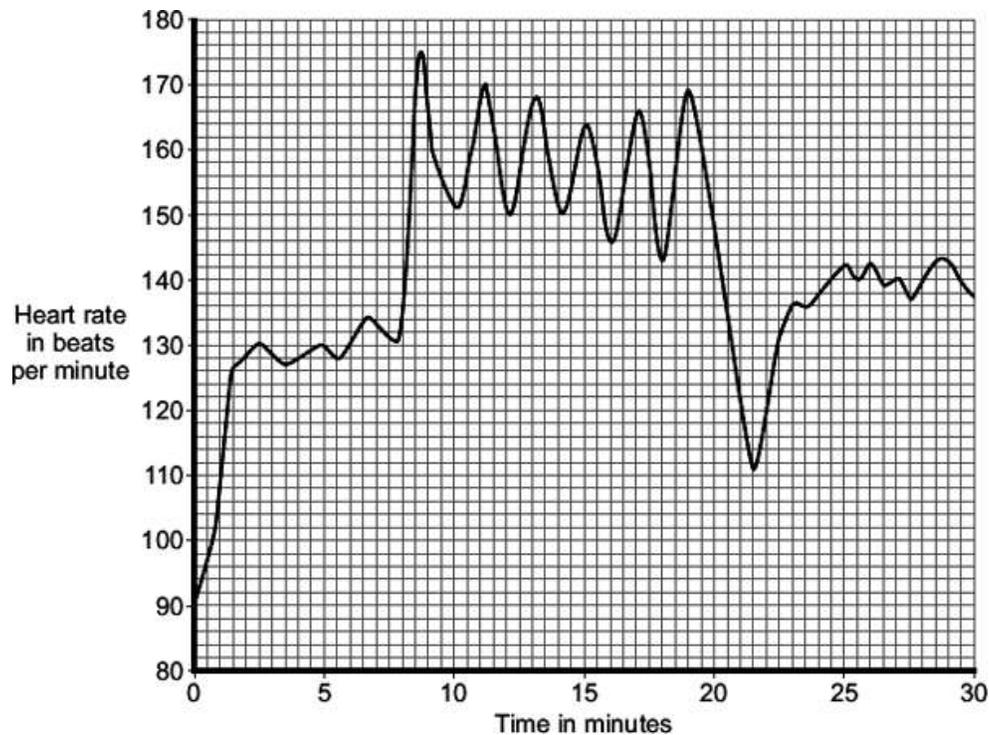
Suggest why human cells might respire anaerobically, even though only a small amount of energy is transferred.

.....
.....(1)

(c) Yeast is used in the brewing and baking industries. Why is yeast used in these industries?

.....
.....
.....
.....
.....
.....(4)(Total 7 marks)

Q8. One type of training exercise involves alternating periods of walking and running. The graph shows how an athlete's heart rate changed during one 30-minute training session.



(a) (i) The athlete ran 6 times during the 30-minute training session. Describe the evidence for this in the graph.

.....
.....(1)

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(a) (i) What was the student's heart rate at rest?

..... beats per minute (1)

(ii) After the end of the run, how long did it take for the student's heart rate to return to the resting heart rate?

..... minutes (1)

(b) During the run, the student's muscles needed larger amounts of some substances than they needed at rest.

(i) Which **two** of the following substances were needed in larger amounts during the run? Tick (✓) **two** boxes.

carbon dioxide

glucose

lactic acid

oxygen

protein

(2)

(ii) Why are the two substances you chose in part (b)(i) needed in larger amounts during the run? Tick (✓) **one** box.

To help make more muscle fibres

To release more energy

To help the muscles to cool down

(1)

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- (c) After exercise, a fit person recovers faster than an unfit person. Let the student's heart rate at the end of exercise = **a**. Let the student's heart rate after 2 minutes of recovery = **b**.

The table below shows how the difference between **a** and **b**, (**a - b**), is related to a person's level of fitness.

| (a - b) | Level of fitness |
|----------------|-------------------------|
| < 22 | Unfit |
| 22 to 52 | Normal fitness |
| 53 to 58 | Fit |
| 59 to 65 | Very fit |
| > 65 | Top athlete |

What is the student's level of fitness?

Use information from the graph and the table.

a = beats per minute

b = beats per minute

(a - b) = beats per minute

Level of fitness =(3)

- (d) The student repeated the run with the treadmill set at 16 km per hour. The student's heart rate took 3 minutes longer to return to the normal resting rate than when running at 12 km per hour.

Give reasons why it took longer to recover after running faster.

.....

.....

.....

.....

.....

.....

.....

.....

.....4)(Total 12 marks)

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MARK SCHEME – USE A GREEN PEN TO MAKE CHANGES

M1.(a) (i) LHS = water

accept H₂O

do not accept H²O / H2O

1

RHS = oxygen

accept O₂

do not accept O / O² / O2

1

(ii) light / sunlight

ignore solar / sun / sunshine

do not allow thermal / heat

1

(iii) chloroplasts

allow chlorophyll

1

(b) (i) 20

1

(ii) any **one** from:

- light (intensity)
- temperature.

1

(c) (i) To increase the rate of growth of the tomato plants

1

(ii) Because it would cost more money than using 0.08%

1

Because it would not increase the rate of photosynthesis of the tomato plants any further

1 [9]

M2.(a) oxygen

allow O₂ / O2

do not accept O² or O

1

(b) (i) light

1

(ii) chlorophyll

1

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(iii) decrease

1

(c) any **three** from:

- for respiration / energy

*do **not** accept use energy for photosynthesis*

- to make cellulose / starch

accept named carbohydrate other than glucose

- to make lipid / fat / oil

accept fatty acid / glycerol

- to make protein

accept named protein / amino acid / named amino acid

- to build big molecules from small molecules / metabolism

*if no other marks awarded for making molecules allow **1** mark for growth / repair / new cells*

3 [7]

M3.(a) water + carbon dioxide → oxygen + glucose

extra box ticked negates mark

1

(b) **Level 3 (5–6 marks):** A coherent method is described with relevant detail, which demonstrates a broad understanding of the relevant techniques and procedures. The steps in the method are logically ordered. The method would lead to the production of valid results.

Level 2 (3–4 marks): The bulk of the method is described with mostly relevant detail, which demonstrates a reasonable understanding of the relevant scientific techniques and procedures. The method may not be in a completely logical order and may be missing some detail.

Level 1 (1–2 marks): Simple statements are made which demonstrate some understanding of some of the relevant scientific techniques and procedures. The response may lack a logical structure and would not lead to the production of valid results.

0 marks: No relevant content

Indicative content

- description of how the apparatus would be used
- reference to control intensity of light / brightness
- use of ruler to measure distance of light from beaker / pondweed
- reference to varying colour of light or use of different filters
- plant releases gas / oxygen

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- measure number of bubbles / volume of gas produced
- same length of time
- reference to control of temperature
- reference to control / supply of carbon dioxide in water
- do repeats and calculate a mean 6

(c) rate does not increase further if light intensity increased beyond 20
allow graph levels off after 20 1

- (d) any **one** from:
- temperature
 - carbon dioxide (concentration)
 - amount of chlorophyll
- allow number of chloroplasts* 1 **[9]**

M4.(a) LHS = water 1
RHS = glucose 1

- (b) any **three** from:
- (measure) temperature
ignore reference to fair test
 - to check that the temperature isn't changing
 - rate of reaction changes with temperature
 - temperature is a variable that needs to be controlled
- allow lamp gives out heat* 3

(c) (i) 10
correct answer = 2 marks
allow 1 mark for: $\frac{(10+9+11)}{3}$
allow 1 mark for correct calculation without removal of anomalous result ie 15 2

(ii) graph: *allow ecf from (c)(i)*
label on y-axis as 'number of bubbles per minute' 1

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three points correct = 1 mark

allow ± 1 mm / four points correct = 2 marks 2

line of best fit = smooth curve 1

(iii) as distance increases, rate decreases – pro

allow yes between 20 – 40 1

but should be a straight line / but line curves – con / not quite pro

allow not between 10 – 20

if line of best fit is straight line, allow idea of poor fit 1

(d) any **four** from:

- make more profit / cost effective
- raising temp. to 25 °C makes very little difference at 0.03% CO₂
- (at 20 °C) with CO₂ at 0.1%, raises rate
- (at 20 °C with CO₂ at 0.1%) → >3x rate / rises from 5 to 17
- although 25 °C → higher rate, cost of heating not economical
- extra light does not increase rate / already max. rate with daylight

accept ref to profits c.f. costs must be favourable 4 [17]

M5.(a) control 1

to check that the indicator colour does not change on its own

or

to check any changes in colour are due to the organisms 1

(b) (tube) **E** 1

most carbon dioxide 1

(due to) only respiration occurring

allow no carbon dioxide used for photosynthesis

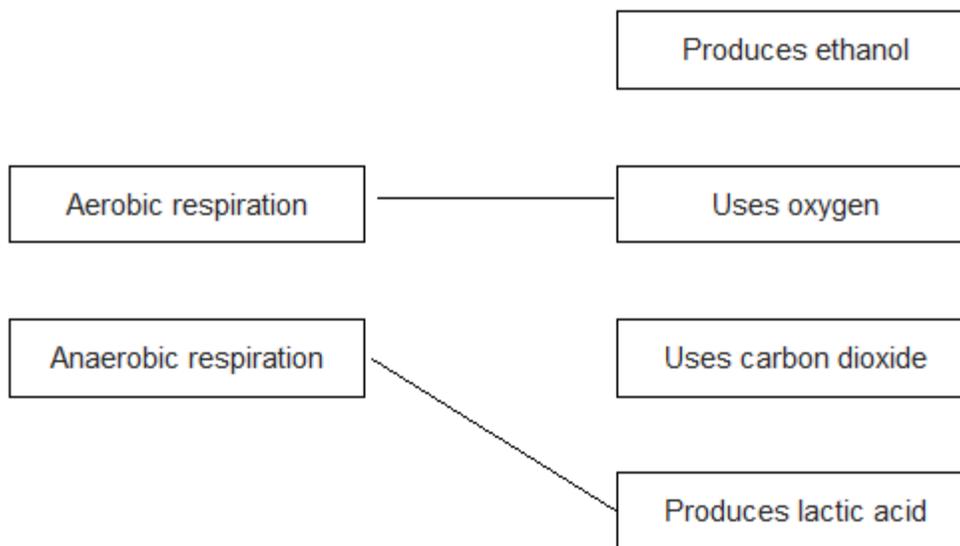
*allow 1 mark **max** if chose tube **D** and give a correct reason* 1

(c) the amount of carbon dioxide produced by respiration equalled amount absorbed for photosynthesis 1 [6]

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- M6.**
- (a) (i) glycogen 1
 - (ii) respiration 1
 - (b) (i) 483 Kj 1
 - (ii) oxygen 1
 - (iii) dilate 1
 - (c) supplies more / a lot of oxygen **or** removes more carbon dioxide **or** release more energy / faster respiration 1 [6]

M7.(a)



an extra line from a LH box negates that mark 2

- (b) any **one** from:
- not enough oxygen present (for aerobic respiration)
 - more energy required for exercise (than can be transferred by aerobic respiration)

1

allow named example for exercise

- (c) produces carbon dioxide 1
- produces ethanol
- plus any **two** from:

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- (carbon dioxide) makes bread rise
- (carbon dioxide) makes beer / cider / (some) wines fizzy
allow for alcoholic drinks / named drink
- (ethanol) is the alcohol in beer / cider / wine / spirits 2 [7]

- M8.** (a) (i) 6 peaks in heart rate
*accept 6 increases / spikes **or** goes very high 6 times*
allow heart rate increases each time he runs 1
- (ii) 2.5 / 2½
allow 2 minutes 30 seconds
*do **not** accept 2.3 / 2:3 / 2.30* 1
- (b) *more / faster / a lot **must** be stated at least once for full marks*
(more) oxygen supplied / needed
allow less anaerobic (respiration)
or (more) aerobic respiration
***or** prevents oxygen debt* 1
- (more) glucose / sugar / food supplied / needed
ignore feeding 1
- (more) energy needed / released
allow energy produced / made 1
- (more) carbon dioxide / heat / lactic acid removed (from muscles) **or** more cooling
or less lactic acid formed 1 [6]
- M9.(a)** (i) 50 1
- (ii) 4 *accept 3.9 – 4.0* 1
- (b) (i) glucose 1
oxygen 1
- (ii) to release more energy 1

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(c) correct readings from graph:

a = 120

b = 60 *allow 60 – 61*

1

calculation correct for candidate's figures:

e.g. $a - b = 60$

1

level of fitness correct for candidate's figures:

e.g. very fit

1

(d) any **four** from:

- higher heart rate (at 16 km / h) (so takes longer to slow to normal)
- more energy needed
- not enough O₂ supplied / more O₂ needed / reference to O₂-debt
- (more) anaerobic respiration
- (more) lactic acid made / to be broken down / to remove / to oxidise
- higher blood flow needed to deliver (the required amount of) oxygen.

'more' must be given at least once for full marks

do not allow more energy produced

allow higher blood flow to remove lactic acid / remove (additional) CO₂

4 [12]