

ELITE PERFORMANCE COACHING

NEW WEEKLY FOOTBALL TRAINING SESSIONS



Indoor Sports Hall - Forest Hill School
Dacres Rd, London SE23 2XN



Every Tuesday - 5.30-7.30pm



Boys and Girls 5.30-6.30pm = 5-7 year olds

Of All Abilities 6.30-7.30pm = 8-12 year olds

Session Lead By:

Head Coach - Dominic Timms

Supported By - Aimee Everett

Our philosophy is to develop players' individual and teamworking skills through fun, dynamic and supportive sessions.

We aim to cultivate positive behaviours, confidence, and social skills which will assist in their football careers and in their lives.

Throughout the weekly training sessions we will work together to enhance ball mastery, dribbling, passing, shooting, movement to receive the ball, attacking and defending in 1 vs 1 situations through fun games and matches. All we require from the players is a positive attitude, a willingness to learn and improve!

You may recognise some of our coaches from the connection we have with Pro-stars Football School.

Our Coaches:

- Dominic Timms (Head Coach)
- Aimee Everett
- Wayne Allen
- Jacob Sewell
- Kyron Rose-Green

All coaches:

- FA Qualified
- Enhanced DBS Checked
- First Aid and Safeguarding Certificates
- Fully Insured
- Hand picked to ensure consistent quality

LIMITED SPACES AVAILABLE - FIRST COME, FIRST SERVE

Book your child's place for their **FREE trial!**

Website - ElitePerformanceCoaching.club or Scan

Call/Text Dominic Timms - 0795 004 1780

ElitePerformanceCoaching_ 

