

FOREST HILL SCHOOL

ASPIRING TO EXCELLENCE TOGETHER



KEY STAGE 4 OPTIONS BOOKLET A GUIDE TO SUBJECT CHOICES February 2023

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You are at a crucial time in your school career, where you need to decide which subjects you want to study in Year 10 and take qualifications in.



OPTIONS FOR SEPTEMBER 2023

Dear Parents/Carers,

At Forest Hill School we aspire to excellence through hard work, ambition, respect and kindness. Working together, we aim to provide our young people with the appropriate pathway to the future they deserve.

We recognise that making subject choices for GCSE study is a life-altering decision and, as such, the school ensures that the best guidance is given. We strongly believe that the advice and guidance given to all our pupils throughout their academic career is vital to ensuring their success in the future, whether that be further and higher education, apprenticeships or employment. Pupils will need to make their own choices from option subjects that match their strengths, interests and career aspirations.

September 2023 Subjects

Compulsory Subjects:	Mathematics, English Language, English Literature, Combined or Triple Science
Option Subjects: <i>Students will choose four subjects with one being their reserve choice</i>	German, French, Geography, History, Art, Photography, Business Studies, Drama, Dance, Music GCSE, Music Technology, Computer Science, Physical Education, iMedia (IT)

It is compulsory for all pupils to study English Language, English Literature, Mathematics and Science in Years 10 and 11. Pupils either study Combined Science (a mixture of Biology, Chemistry and Physics worth two GCSEs) or Single Sciences (three GCSEs in Biology, Chemistry and Physics).

How can I support my son(s)?

When supporting your child in the selection process, please ensure you consider the following;

- Previous attainment and progress
- Future planning and enjoyment

All pupils are expected to have completed the personality quiz on Unifrog and research on the suggested careers and subjects linked to their personality. At this vital stage in your child's education, it is imperative that the correct personal choices are made.

What is the timeline for the options process?

The whole options process runs from November 2022 to May half term when the final options letter will be sent to parents.

All pupils will have the following support:

- **24 November** - Year 9 options assembly in the KKT during tutor time with Mr Kai-Samba and Ms Suart
- Q&A sessions in all lessons where staff answer questions pupils might have regarding subject suitability, exam structure and how successful the subject has been
- Our inclusion/SEN team in consultations with parents/carers, will be supporting our pupils make the right choices to ensure that they are successful in their GCSEs
- **Year 9 Options Evening (7 February 2023, 5-7pm)** will be in school where Mr Kai-Samba will further outline the whole process. Parents/carers can further meet subject leaders, ask questions and review the options booklet.
- **Year 9 Parents' Evening (23 February 2023, 4-6pm)** will be an opportunity for all parents/carers to have a 1-2-1 with subject teachers to further probe the suitability of the subjects for their son and subject success criteria
- **1 March 2023** is the deadline to return the option form to student services
- **Final letter with your son's final options choices will be sent to all parents/carers by mid May 2023.**

I hope this outline has answered any questions or concerns you might have at this point. If there are any further questions please do not hesitate to email me.

Kind regards

Alpha Kai-Samba (He/Him)
Assistant Headteacher

Recent Changes

There have been some significant changes to KS4 qualifications over recent years and it is important you are aware of. Remember, GCSEs have changed hugely since parents, friends or even older siblings would have taken them. A few of the key changes are:

- Challenging new GCSE courses in all subjects
- The new GCSE grading system from 9-1 rather than A*-G
- The move away from coursework/controlled assessment to linear terminal exams in most subjects
- The move away from Foundation and Higher papers in most subjects
- The extra requirement for good spelling, punctuation and grammar
- Changes in BTEC qualifications
- The introduction of the **EBACC**
- A new focus on **progress** across a range of subjects
- The requirement to achieve a good pass in English and Maths

New GCSEs are now in place for all subjects

The content for GCSE exams has increased and is more challenging. This is slightly different in each subject but includes; bringing A-Level content into GCSE (e.g. Mathematics); narrowing the range of options for what you can study (e.g. English Literature); and broadening the content that needs to be studied (e.g. History).

The new GCSE grading system from 9-1

In the majority of subjects you study you will receive a grade from 9 (the highest) to 1 (the lowest). This is why we have been using our STEPs assessment system from 1-9 in Years 7-9 using the new GCSE criteria, to prepare you for these new grades.

GCSE Grade	What it is equivalent to
9	Top 20% of the old A* grades will receive a 9
7	Equal to an A.
5	Equal to a strong grade C. This will be considered a good pass .
4	Equal to a low C. This will be considered a low pass.
1	Equal to a G.
U	Equal to a U. This is a fail.

The move away from coursework/controlled assessment to linear terminal exams in most subjects

Exams for almost all subjects are at the end of the two year course and cannot be taken early or re-sat. Also, for most subjects they will be assessed by formal examination rather than controlled assessment or coursework.

The move away from Foundation and Higher papers

In most exams there will no longer be an option of doing either a Foundation or Higher paper.

The extra requirement for good spelling, punctuation and grammar

There has been an increased focus on good spelling, punctuation and grammar over the last few years, with up to 20% of marks in exams now allocated for it.

The changes in BTEC qualifications

BTEC qualifications have offered support for students who struggled with exams over the last few years by providing, in some subjects, a non-exam based way of achieving a qualification. Although the portfolio based approach of a BTEC is still an option in some subjects, there is now also a challenging exam that forms a large part of the marks.

The introduction of the English Baccalaureate (EBACC)

In 2010 the government introduced the EBACC, designed to be a measure of whether a pupil has achieved good passes in five core academic subjects. Although introduced as a school performance measure it is considered to show aptitude in these academic subjects and so the government has encouraged schools, parents and students to ensure they take these subjects.

The **EBACC** consists of one of each of the following:

Area	Subjects
English	English, English Literature
Mathematics	Mathematics
Science	Combined Science, Triple Science (Biology, Chemistry or Physics), Computer Science
Humanities	History, Geography
Languages	French and German

Focus on progress

Whereas previously, the number of students achieving grade Cs or above was a key measure for schools, focus has now shifted to how much progress students make in secondary school, regardless of starting points. Progress 8 measures a student's progress between Key Stage 2 and Key Stage 4 across eight key subjects.

The requirement to get good passes in English and Maths

To move onto many Post 16 courses students will be required to achieve a good pass (Grade 5) in both English and Maths. If they do not achieve a low pass (Grade 4) many institutions will not allow them to join and if they do they will have to do retakes in English and Maths until they achieve at least a Grade 4.

My curriculum overview

Compulsory subjects	Other options – pupils can choose 3 courses (3 periods per option)
<p><u>Accredited</u></p> <p>English (5 periods)</p> <p>Mathematics (5 periods)</p> <p>Science* (5 periods) *(6 periods a week for Triple Science students)</p>	<p>Art & Design</p> <p>Business Studies</p> <p>Computing</p> <p>Dance</p> <p>Drama</p> <p>French</p> <p>German</p> <p>Geography</p> <p>History</p> <p>Information Technology</p> <p>Music</p> <p>BTEC Music (Technology)</p> <p>Photography</p> <p>Physical Education</p>
<p><u>Non-accredited</u></p> <p>Core PE (1 period)</p>	

Compulsory subjects

It is compulsory for all students to study English, Mathematics and Science in Years 10 and 11. We also have a duty to support students' health and fitness, which we achieve through a weekly Physical education lesson. PSHE and Citizenship are covered in tutor time, through the curriculum and in other events such as assemblies and drop down days.

Option Block A

To support students to achieve the EBACC qualification whilst protecting an element of choice, we have an Option Block A where students choose one subject from a selection of humanities and languages. They may choose further subjects from this list as their other options.

Further Options

Students choose two more subjects and one reserve subject from the other blocks. Students are free to select whatever options they would like from this option block. This means they can choose to study the EBACC qualifications, a selection of Arts subjects or possibly a mixture of the two.

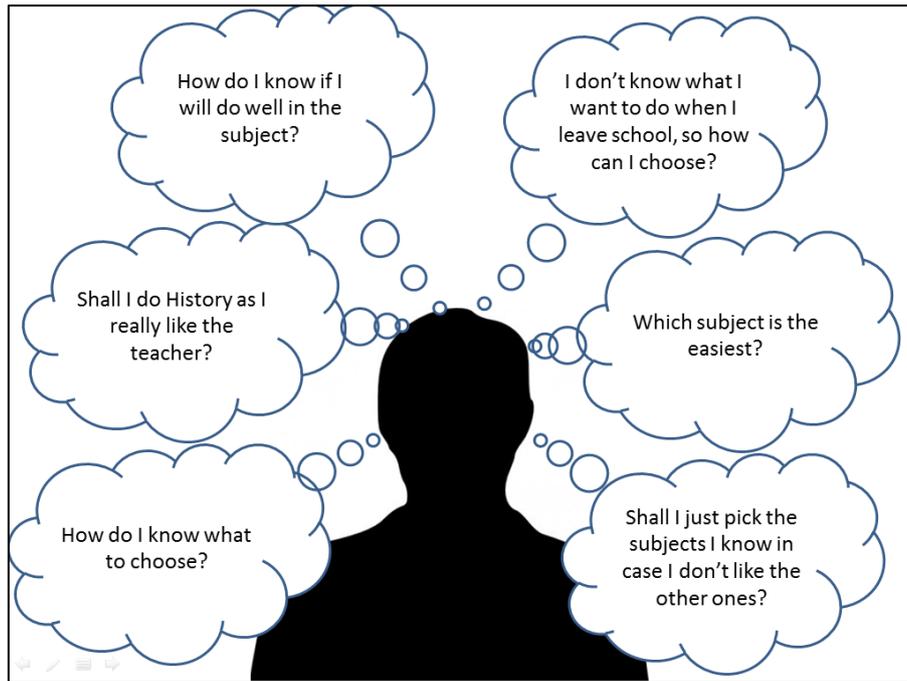
Reserve option

We always ask students to choose one reserve subject. We cannot guarantee everyone their top choices but can normally give you most of them.

What happens when you have made your choices?

We will then build a timetable for the school based around giving as many students the options that they have selected. We will let students know if they have received their options by the **summer term**.

How do I make my choices?



How do I know what to choose?

It is your choice and only you can make it. You need to think about which subjects you enjoy, are interested in and want to continue. There are no “good” or “bad” subjects to choose, it just comes down to which ones you think you will enjoy and do well in.

Shall I do a subject because I really like the teacher?

NO! You have no way of knowing whether you will be taught by the teacher you currently have and so you should not choose based on the teacher. Similarly, you have no idea which groups you will be in so should not just choose what your friend is doing. These choices need to be yours and based around what you want to do.

How do I know if I will do well in the subject?

If you work hard and are engaged you will do well in the subject. However, if you are struggling to make a decision, have a look at your current STEPs in each subject. These are based on GCSE grades and so you should be able to see where you are doing better. You can also go and ask your teacher about what the course involves and whether they think you will do well.

I don't know what I want to do when I leave school. How can I choose?

Knowing what you want to do after school might help you choose your options. For example, if you are sure that you want to work in the tourist industry it is a good idea to do Geography and Languages. However, most people don't know what they want to do and you can always pick up key skills later on in your training. What is most important is you pick subjects that you think you will enjoy and want to do well in. In general, it is more important that you get good GCSE grades, rather than the subjects you take them in.

Which subject is the easiest?

No subject is designed to be any easier than any other. However, you might find certain things easier than others. If you do well under exam conditions then the completely exam based subjects will suit you.

Shall I just pick the subjects I know in case I don't like the other ones?

Pick the subjects you think you will find the most interesting, no matter whether you have studied them before. Make sure you do as much research as possible, but don't worry if you choose something that you later decide was a mistake as we can usually move you to another subject.

<h2>Top tips</h2>

- Talk to as many people as possible about what subjects you would like to do and why
- If you know what you want to do after school, think about what subjects will help you do that and/or what qualifications you need to do it
- Do subjects you think you will enjoy and find interesting as you will get better marks at these
- Don't do subjects just because your friends are or because you like the teachers
- Try and have a good balance of different subjects
- Log into Fast Tomato and see what subjects were recommended for you

Who can help me make the right decision?

On this page there is a list of useful contacts for option choices/careers advice. Use this page to help you find the right sort of advice.

- Your **Tutor/Head of Year** know you well and will be able to suggest suitable options for you. They will also do some work with you on choosing options in PSHE. They will also be able to tell you who to ask if you need further information.
- Ask **the librarian** to show you where the careers section is in the library. They will also be able to tell you about some of the ICT based careers programmes that are available.
- **Subject teachers** would be the first people to ask if you want to know about a particular subject.
- You can speak to **Mr Kai-Samba**, who is charge of the option process.
- You can speak to **Mr German**, who is in charge of KS4 education.

For more information about Year 9 Options/Careers go to these websites:

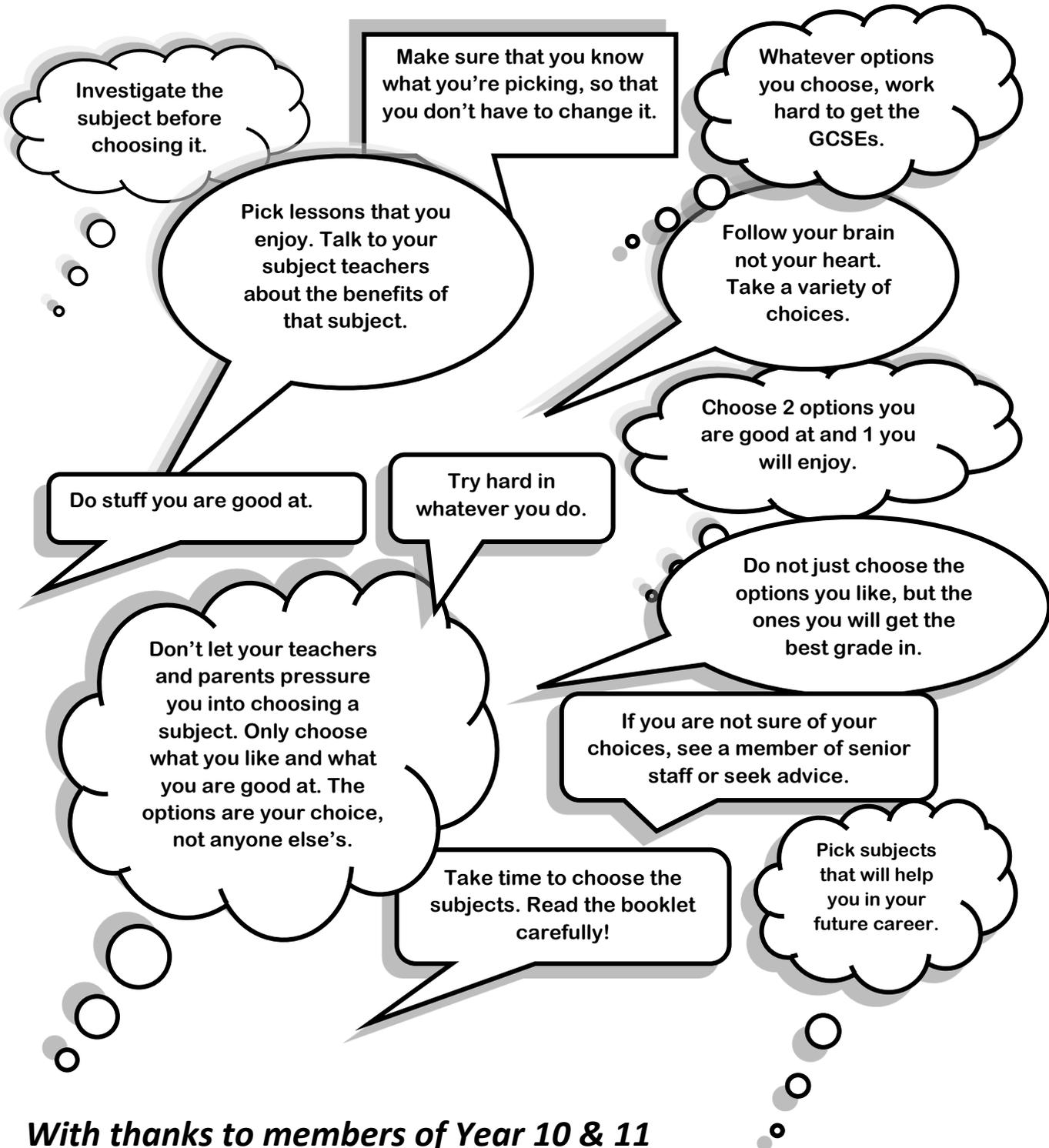
https://www.unifrog.org/	This is an interactive guide which helps children aged 13 and upwards with their career choices/options. Your son has access to Unifrog and should complete the personality quiz.
www.nationalcareersservice.direct.gov.uk	Useful careers and subject choice information.
www.direct.gov.uk	Go onto the 'Education and Learning' section. This will give you further insight into making your options choices.
www.ucas.ac.uk	Information on Higher Education Courses. This may give you an insight into your career pathway, and therefore will help you to make your options in Year 9.
www.icould.com www.careerpilot.org.uk	Independent careers websites/articles.

Still not sure?

If you cannot make up your mind, ask your tutor or Mr Kai-Samba to arrange an interview for you so that you can talk through your options properly.

Advice from Year 10 and 11 Students

Teachers and parents will probably all have their point of view about what you should do and not do. However, some of the most sensible and valuable advice comes from the very people who have just been through the option process. Below are some comments from Year 10 and Year 11 students. If you think it would be useful to speak to a student doing a particular subject see Mr Kai-Samba.



With thanks to members of Year 10 & 11



Compulsory Subjects



GCSE English Language

GCSE English Literature

GCSE Mathematics

GCSE Single Sciences (Biology, Chemistry, Physics)

GCSE Combined Science



GCSE English Language

COURSE	LEVEL	WHO IS IT SUITABLE FOR?
English Language AQA	GCSE	Everyone

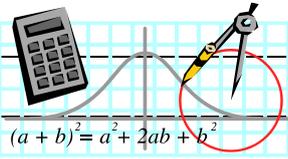
What is this course about?	<p>All students follow a course in English Language.</p> <p>This course provides opportunities for you to develop your skills in Reading, Writing and Speaking and Listening.</p> <p>You will work on a wide range of writing tasks, writing for different purposes and with a high degree of technical accuracy.</p> <p>You will read widely and respond to a range of fiction and non-fiction texts. You will work towards feeling confident in all the ways you use and understand English, including creative writing.</p>
Is it the right course for me?	English Language is a compulsory subject for all students at Forest Hill.
How will I be assessed?	The course is assessed entirely by two terminal examinations. There is no controlled assessment or coursework.
Progression and career opportunities	<p>The ability to communicate orally and in writing is a key skill in almost all areas of life.</p> <p>You might choose to study A Levels in English or Media.</p>
How can I find out more about the course?	Ask your English teacher, or see Mr Lamb , Faculty Leader of English, for further information. R.Lamb@foresthillschool.co.uk



GCSE English Literature

COURSE	LEVEL	WHO IS IT SUITABLE FOR?
English Literature AQA	GCSE	Everyone

What is this course about?	<p>All students follow a course in English Literature.</p> <p>This course provides opportunities for the study of a substantial and diverse range of literary texts including prose, poetry and drama.</p>
Is it the right course for me?	<p>English Literature is a compulsory subject for all students at Forest Hill.</p>
How will I be assessed?	<p>The course is assessed entirely by two terminal examinations. There is no controlled assessment or coursework.</p> <p>You will study:</p> <ul style="list-style-type: none">• A selection of poetry• <i>Macbeth</i>• <i>A Christmas Carol</i>• <i>An Inspector Calls</i>
Progression and career opportunities	<p>The ability to communicate orally and in writing is a key skill in almost all areas of life.</p> <p>You might choose to study A-Levels in English or A-level Media Studies.</p>
How can I find out more about the course?	<p>Ask your English teacher or Mr Lamb, Faculty Leader of English, for further information. R.Lamb@foresthillschool.co.uk</p>



GCSE Mathematics

COURSE	LEVEL	WHO IS IT SUITABLE FOR?
Mathematics Edexcel 1MA1	GCSE	Everyone

<p>What is this course about?</p>	<p>The Mathematics curriculum at Forest hill school prepares pupils for success at GCSE and beyond. The curriculum has been designed to support the development and mastery of fundamental and functional mathematical skills that not only prepares pupils for post 16 Mathematics courses, but also for adult life.</p> <p>The key stage 4 curriculum boasts a wide range of objectives on both the higher and foundation tier that relate to the wider context of real life and relative application. Alongside pupils developing their mathematical skills, developing their mathematical fluency, ability to problem solve, reason and communicate mathematically, has become a core focus within the curriculum content. One of the key assessment objectives in the Mathematics examinations is the ability to communicate, reason and justify mathematical understanding and conclusions. To support the development of these skills, specifically designed tasks are used that encourage pupils to engage with complex scenarios and develop their problem-solving skills.</p>				
<p>Is it the right course for me?</p>	<p>The course is aimed at preparing you for using mathematics and improving your problem-solving skills in the real world.</p> <p>We equip pupils in the top sets with the necessary insight and experience to access the highest grades in the GCSE course. We, therefore, supplement the GCSE syllabus with additional material.</p>				
<p>How will I be assessed?</p>	<p>The GCSE Mathematics Course can be studied at two tiers, higher or foundation. Pupils studying the Higher Tier can achieve Grades 4 to 9 and the Foundation Tier Grades 1 to 5.</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="text-align: left; padding: 5px;">Foundation Tier</th> <th style="text-align: left; padding: 5px;">Higher Tier</th> </tr> </thead> <tbody> <tr> <td style="padding: 5px;"> <p>3 Papers that are equally weighted: Paper 2 - Non-Calculator (80 Marks) Paper 1 - Calculator (80 Marks) Paper 1 - Calculator (80 Marks)</p> <p>Across the three papers pupils will be assessed on the six core strands of the Mathematics Curriculum and the emphasis on each of these concepts is as follows:</p> <ul style="list-style-type: none"> • Number 25% • Algebra 20% • Ratio, Proportion & Rates of Change 25% • Geometry and Measures 15% • Statistics and Probability 15% <p>Within the core mathematical concepts pupils will be assessed on how they:</p> <ul style="list-style-type: none"> • Use and apply standard techniques 50% • Reason, interpret and communicate 25% • Problem solve within mathematics and other contexts 25% </td> <td style="padding: 5px;"> <p>3 Papers that are equally weighted: Paper 2 - Non-Calculator (80 Marks) Paper 1 - Calculator (80 Marks) Paper 1 - Calculator (80 Marks)</p> <p>Across the three papers pupils will be assessed on the six core strands of the Mathematics Curriculum and the emphasis on each of these concepts is as follows:</p> <ul style="list-style-type: none"> • Number 15% • Algebra 30% • Ratio, Proportion & Rates of Change 20% • Geometry and Measures 20% • Statistics and Probability 15% <p>Within the core mathematical concepts pupils will be assessed on how they:</p> <ul style="list-style-type: none"> • Use and apply standard techniques 40% • Reason, interpret and communicate 30% • Problem solve within mathematics and other contexts 30% </td> </tr> </tbody> </table>	Foundation Tier	Higher Tier	<p>3 Papers that are equally weighted: Paper 2 - Non-Calculator (80 Marks) Paper 1 - Calculator (80 Marks) Paper 1 - Calculator (80 Marks)</p> <p>Across the three papers pupils will be assessed on the six core strands of the Mathematics Curriculum and the emphasis on each of these concepts is as follows:</p> <ul style="list-style-type: none"> • Number 25% • Algebra 20% • Ratio, Proportion & Rates of Change 25% • Geometry and Measures 15% • Statistics and Probability 15% <p>Within the core mathematical concepts pupils will be assessed on how they:</p> <ul style="list-style-type: none"> • Use and apply standard techniques 50% • Reason, interpret and communicate 25% • Problem solve within mathematics and other contexts 25% 	<p>3 Papers that are equally weighted: Paper 2 - Non-Calculator (80 Marks) Paper 1 - Calculator (80 Marks) Paper 1 - Calculator (80 Marks)</p> <p>Across the three papers pupils will be assessed on the six core strands of the Mathematics Curriculum and the emphasis on each of these concepts is as follows:</p> <ul style="list-style-type: none"> • Number 15% • Algebra 30% • Ratio, Proportion & Rates of Change 20% • Geometry and Measures 20% • Statistics and Probability 15% <p>Within the core mathematical concepts pupils will be assessed on how they:</p> <ul style="list-style-type: none"> • Use and apply standard techniques 40% • Reason, interpret and communicate 30% • Problem solve within mathematics and other contexts 30%
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<p>Progression and career opportunities</p>	<p>There are many opportunities for those that are successful in Mathematics; almost every job will require pupils to have a high-quality Mathematics grade. Specialised jobs such as the financial sector, accountancy,</p>				

	<p>engineering, computer science, politics, health and even aerospace all require mathematical skills and qualifications. Employers and post 16 institutions generally require pupils to have Mathematics GCSE with a Grade 5 or above in order to offer them places on courses at Level 3.</p> <p>Mathematics is one of the best subjects to develop analytical, research and problem-solving skills. Not only will studying Mathematics help give pupils the knowledge to tackle scientific, mechanical, coding and abstract problems, it will also help to develop logic to tackle everyday issues such as planning projects, managing budgets and even debating effectively.</p>
<p>How can I find out more about the course?</p>	<p>Faculty Leader – Mr Godwin Kanton G.Kanton@foresthillschool.co.uk</p>

Science

Qualification	Entry Requirements
AQA GCSE Biology, GCSE Chemistry and GCSE Physics <i>Awarded three separate GCSEs.</i>	Offered to 60 students who would be most suitable to the course and have shown interest in this qualification (based on achievement and teacher recommendation).
AQA GCSE Combined Science: Trilogy <i>Awarded two GCSEs.</i>	Most students will follow this route and cover all three subjects biology, chemistry and physics.

Course Availability Overview

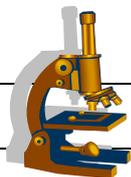
Science is a subject for everyone. Not only does it help us understand the world around us, satisfying our inquisitive nature, it also helps make educated decisions about issues that affect us in life.

Why won't my doctor give me antibiotics for my cold?!

Why has the Government decided to charge us for carrier bags?!

How can I reduce the energy bills for my home?!

The above courses are available to study at KS4. It is compulsory for everyone to study science but there are a variety of levels of demand to suit different individuals. Courses will generally be allocated based on achievement, however you can show interest in the ones you would like to do.



GCSE Combined Science: Trilogy

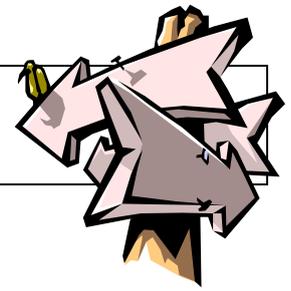
<p>What is this course about?</p>	<p>GCSE Combined Science: Trilogy offers an opportunity for students to:</p> <ul style="list-style-type: none"> Develop scientific knowledge and understanding Develop understanding of scientific methods through enquiries that help them to answer scientific questions about the world around them Develop their ability to evaluate claims based on science through critical analysis <p>GCSE Combined Science: Trilogy covers a number of topics from Biology, Chemistry and Physics, including:</p> <p>Cell biology, infection, bioenergetics, homeostasis, evolution, ecology. Periodic table, properties of matter, chemical changes, atmosphere, resources.</p> <p>Forces, energy, waves, electricity, magnetism, particles and atomic structure.</p>
<p>Is it the right course for me?</p>	<p>Science is a compulsory subject and subject teachers will select the qualification that will be most suitable for individual students. Performance in year 9 exams will play a significant role in the decision. These courses would suit you if you are thinking about studying Biology, Chemistry or Physics at A Level.</p>
<p>How will I be assessed?</p>	<p>Six written exam papers = 100% of the final grade. 2x biology, 2x chemistry and 2x physics papers. All papers are 1 hour 15 minutes. Foundation and higher tiers available. Each worth 16.7% of the final grade.</p> <p><u>No</u> coursework or controlled assessment. Students will complete 16 required practicals throughout the course which will develop investigation skills. The required practicals and investigation skills will be assessed in the written exams.</p>
<p>Progression and career opportunities</p>	<p>Studying science develops skills that are applicable to all careers. For this reason, many non-science related employers favour individuals that have achieved GCSEs in Science.</p> <p>This course aims to provide you with the scientific understanding needed to study science at an advanced level e.g. AS / A Level Biology, Chemistry, Physics & Applied Science. This will then allow you to study science based courses at university leading to careers in sectors such as engineering, medicine, forensics, drug research, sport, food and nutrition.</p>



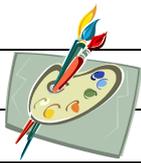
GCSE Biology Chemistry and Physics

<p>What is this course about?</p>	<p><u>Biology</u> will give you the opportunity to gain a good understanding of human biology, organisms, evolution and the environment.</p> <p><u>Chemistry</u> will give you a good understanding of the nature of substances and how they react together, how chemistry is used in business and industry and how our use of fuels affects the local and global environment.</p> <p><u>Physics</u> will give you a good understanding of the use and transfer of energy, as well as an insight into the nature of waves, radiation and space. They'll also learn about the application of physics in the real world they live in.</p>
<p>Is it the right course for me?</p>	<p>These courses are for you if you have a keen interest in science and are committed to spend additional time studying beyond the classroom. These courses would suit you if you are thinking about studying Biology, Chemistry or Physics at A Level.</p> <p>Only 60 places are available on this course. If you are interested please talk to your science teacher or Mrs Hamid (Head of Faculty) to find out more.</p>
<p>How will I be assessed?</p>	<p>Six written exam papers = 100% of the final grade. 2x biology, 2x chemistry and 2x physics papers. All papers are 1 hour 45 minutes. Each worth 50% of the final grade for each GCSE.</p> <p><u>No</u> coursework or controlled assessment. Students will complete 24 required practicals (8 in each science) throughout the course which will develop investigation skills. The required practicals and investigation skills will be assessed in the written exams.</p>
<p>Progression and career opportunities</p>	<p>Studying science develops skills that are applicable to all careers. For these reasons, many non-science related employers favour individuals that have achieved GCSEs in Science.</p> <p>This course aims to provide you with the scientific understanding needed to study science at an advanced level e.g. AS / A Level Biology, Chemistry, Physics & Applied Science. This will then allow you to study science based courses at university leading to careers in sectors such as engineering, medicine, forensics, drug research, sport, food and nutrition.</p>

My Options



- GCSE Art and Design
- GCSE Business Studies
- GCSE Computing
- AQA Technical Award Information Technology (It)
- GCSE Dance
- GCSE Drama
- GCSE Modern Foreign Languages: French/German
- GCSE Geography
- GCSE History
- GCSE Music
- BTEC Music Performance
- GCSE Photography
- GCSE Physical Education



GCSE Art and Design

COURSE	LEVEL	WHO IS IT SUITABLE FOR?
Art & Design	GCSE	Everyone

What is this course about?	<p>If you choose to study GCSE Art & Design you will explore a range of practical activities and respond in a <u>personal</u> way to different themes and ideas.</p> <p>You will want to visit galleries such as Tate Modern to help you investigate the artwork of different artists.</p> <p>You will experiment with a range of media and materials including clay, printmaking, photography and digital manipulation, collage, textiles –painting and drawing enabling you to develop confidence with your skills.</p> <p>You will continue to develop your critical thinking in response to a range of art and artists.</p>
Is it the right course for me?	<p>This course will suit you if you:</p> <ul style="list-style-type: none"> • like to use different materials and processes to develop your visual skills. • are creative, enthusiastic and imaginative. • are willing to experiment and to take risks when you are trying out your ideas. • are able to work independently and like to visit art galleries and museums to make your work more informed and interesting. • like communicating your ideas, opinions and addressing issues.
How will I be assessed?	<p>GCSE Art & Design is made up of coursework and an externally set assignment. You will be assessed against four criteria in each section.</p> <p>Coursework (60%): A personal portfolio of Art and Design selected from the projects you will complete in Years 10 and 11.</p> <p>Externally Set Assignment (40%): You will be given a range of starting points from which you will make a personal response using materials and processes of your choice as your final exam in Year 11.</p> <p>You will sit a 5 hour practical exam in Year 10 and a 10 hour practical exam at Christmas in Year 11.</p> <p>You will sit a final 10 hour exam for the externally set assignment at Easter.</p>
Progression and career opportunities	<p>You can progress onto the following courses after you have completed your GCSE:</p> <ul style="list-style-type: none"> • GCE A-Level Art and Design • GCE A-Level Photography <p>It means you can go on to study Art at 6th form or go to Further Education Colleges. Career opportunities are vast: Architecture, animation visualisation, illustration, product design, fashion, textiles, ceramics, silver smithing, jewellery, visual media, graphics, sculptor, painter, game design. New technologies are creating a whole new range of courses where Art is being used in innovative ways.</p> <p>GCSE Art & Design will help you to develop your creative, technical, communication, analytical and problem solving skills - skills that are essential in these and a wide range of other career opportunities.</p>
How can I find out more about the course?	<p>Ask your Art teachers to show you a Year 10 or 11 student's sketch book and final pieces. Ask your Art teacher to "buddy" you with a student currently studying Art and Design to find out what the course entails from their point of view or speak to Ms Tang-Campbell R.Tang-Campbell@foresthillschool.co.uk. Take a look at the #fhsarthub display in the atrium and the work displayed round the art department.</p>

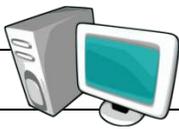


GCSE Business Studies

COURSE	LEVEL	WHO IS IT SUITABLE FOR?
Business Studies Edexcel	GCSE	Students who are good in Maths and English.

What is this course about?	<p>This exciting and challenging course will introduce you to the dynamic world of business. It covers a broad range of topics that are designed to provide you with the knowledge and understanding that underpins modern business. You will learn how entrepreneurs turn simple ideas into profitable businesses; as well as how companies operate and make important decisions on a local, national and international level. Above all, the course will encourage you to become enterprising and think creatively and commercially in order to solve problems. The course is divided into two themes;</p> <p>In Year 10, you will study the following; Theme 1: Investigating small business</p> <p>In Theme 1 you will study five topics covering:</p> <ul style="list-style-type: none">• Enterprise• Spotting a business opportunity• Putting an idea into practice• How to make a business effective• External influences on business <p>In Year 11, you will study the following; Theme 2: Building a business</p> <p>In Theme 2 you will look at five more topics which focus on making decisions in the areas of:</p> <ul style="list-style-type: none">• Growing a business• Marketing• Operations• Finance• Human resources <p>You will build on what you have learnt in Theme 1, by examining these topics in relation to developing businesses. You will also explore the interdependent nature of business through the relationships between these different business areas.</p>
Is it the right course for me?	<p>A high level of interest in business and current affairs is needed and you should be a keen reader and listener of the news: local, European and Global business news. Business is a challenging academic subject and you would need a high standard of literacy and numeracy to succeed. You should have an enquiring mind and be interested in learning about the world around you. You need to be good at communicating, particularly in written work, and explaining your ideas. You should not be afraid of learning new things and working with numbers to solve business and economic problems.</p>

How will I be assessed?	Your assessment will consist of two separate written exams. Paper 1 covers Theme 1: Investigating small business, and Paper 2 covers content from Theme 2: Building a business. Each paper is worth 50% of the qualification final mark.
Progression and career opportunities	This course will prepare you for further and higher education. In SFH6 we run AS /A2 Levels in Economics. We also run a Level 3 Cambridge Technical in Business. A GCSE Business course could lead to work in a business-related profession such as accountancy, law, banking and finance, marketing, and government.
How can I find out more about the course?	Speak to any Business Studies teacher. The rooms in which business is taught are: 258, 313, 302, & 301. Speak with Miss Flemmings (Lead Teacher for Business) R.Flemmings@foresthillschool.co.uk , based in room 307, will be happy to answer any queries from students.



GCSE Computing

COURSE	LEVEL	WHO IS IT SUITABLE FOR?
Computing OCR J277	GCSE	Students need to be in set 2 or above in Mathematics. This is due to the high degree of mathematical problem-solving skills that are required for computational thinking

What is this course about?	<p>The computing syllabus will give you an in-depth understanding of how computer technology works and a look at what goes on 'behind the scenes'. As part of this, a large amount of the course will be spent learning computer programming. Through this study of computer programming, the course will help you develop critical thinking, analysis and problem-solving skills. For many, it will be a fun and interesting way to develop these skills, which can be transferred to other subjects, especially mathematics and other sciences, and even applied in day-to-day life.</p>
Is it the right course for me?	<p>In order to be successful in the course students will need to be able to solve problems independently and in groups. To help them with this they will develop skills in designing algorithms and computer programming. Students will also be able to evaluate the effectiveness and success of their solutions, as well as other peoples, and the impact computer systems can have on society. This is the course for you if:</p> <ul style="list-style-type: none"> • When you use a PC, you find yourself thinking 'What is going on inside the computer when I press this?' • You are the kind of person who takes things apart to find out 'how they work' • You have used software and thought 'I think I could make something better' • You enjoy working hard to solve a problem • You are willing to take up programming at home as a hobby
How will I be assessed?	<p>Unit 1 – Computer systems You will take a written examination (1.5 hrs) that includes a mixture of short and long answer questions. This is worth 50% of the GCSE. The exam will assess what students know about computer systems: system architecture, memory, storage, wired and wireless networks, network topology, protocols and layers, system security, system software, ethical, legal, cultural and environmental concerns. binary logic, memory, peripheral devices, types of data and databases.</p> <p>Unit 2 – Computational thinking, algorithms and programming. You will take a written examination that includes a mixture of short and long answer questions, some of which will require candidates to write program code. This is worth 50% of the GCSE. The exam will assess what students know about computational thinking, algorithms and programming which will include algorithms, programming techniques, programming robust programs, computational logic, translators and facilities of languages and data representation.</p>

<p>Progression and career opportunities</p>	<p>The course is ideal for you: If you wish to study A Level Computing or ICT at sixth form or similar courses at other institutions. If you are interested in becoming a computer programmer or working in the IT industry in some capacity.</p>
<p>How can I find out more about the course?</p>	<p>Speak to Mrs Akpojaro V.Akpojaro@foresthillschool.co.uk / Ms Ajibade O.Ajibade @foresthillschool.co.uk Visit: https://www.ocr.org.uk/Images/558027-specification-gcse-computer-science-j277.pdf</p>

Information Technology



COURSE	LEVEL	WHO IS IT SUITABLE FOR?
Information Technologies Cambridge Nationals IT Level 1/2 – J836	Level 2	Everyone

What is this course about?	The course will equip students with the confidence to use skills that are relevant to the IT sector and more widely. The course is based on vocational study and is equivalent in size to a GCSE. The qualification is 60% non-exam based (coursework) that is applicable to real-life contexts, with the remaining 40% from a single 1.5-hour exam.
Is it the right course for me?	<p>R050: IT in the digital world in this unit students will learn theoretical knowledge and understanding to apply design tools for applications, principles of human computer interfaces and the use of data and testing in different contexts when creating IT solutions or products. You will understand the uses of Internet of Everything and the application of this in everyday life, cyber-security and legislations related to the use of IT systems, and the different types of digital communications software, devices, and distribution channels.</p> <p>R060: Data manipulation using spreadsheets in this unit students will learn the skills to be able to plan and design a spreadsheet solution to meet client requirements. They will be able to use a range of tools and techniques to create a spreadsheet solution based on their design, which they will test. Students will be able to evaluate their solution based on the user requirements.</p> <p>R070: Using Augmented Reality to present information in this unit students will learn the basics of Augmented Reality (AR) and the creation of a model prototype product to showcase how it can be used appropriately for a defined target audience to present information. Students will also learn the purpose, use and types of AR in different contexts and how they are used on different digital devices. They will develop the skills to be able to design and create an AR model prototype, using a range of tools and techniques. They will also be able to test and review their AR model prototype.</p>
How will I be assessed?	<p>R050 (40%) is the examination. This will be a 90-minute written paper exam, total 70 marks, OCR-set and marked</p> <p>R060 (30%) is internally assessed and externally moderated and sampled. All tasks are completed under controlled conditions. Total 60 marks.</p> <p>R070 (30%) is internally assessed and externally moderated and sampled. All tasks are completed under controlled conditions. Total 60 marks.</p>
Progression and career opportunities	This course will prepare you for further and higher education and apprenticeship in related subjects.
How can I find out more about the course?	Speak to Mrs Akpojaro V.Akpojaro@foresthillschool.co.uk Visit : https://www.ocr.org.uk/Images/610951-specification-cambridge-nationals-it-j836.pdf



BTEC Dance

COURSE	LEVEL	WHO IS IT SUITABLE FOR?
Dance Pearson BTEC Level 1/2 Tech Award in Performing Arts	GCSE	Everyone

What is this course about?	The BTEC Tech Award is all about creating and performing, with written work supporting this. The qualification is significant in enabling those who take this subject, refine work and apply skills-based approach to learning and assessment.
Is it the right course for me?	BTEC Dance is for all students who have a passion for Dance and are committed . Students are continually assessed throughout year 10 and 11 by taking part in practical showcase performances and practical exam performances. Students will also be required to submit written work to support your practical work. This course is not only for students who are already dancers, it is suitable for those who are willing to learn and enjoy dance.
How will I be assessed?	<p><u>Component 1: Exploring the Performing Arts</u> <i>Internally assessed unit – externally moderated – 28% of the course</i> Students will gain an understanding of practitioners’ work and the processes/practices that contribute to a range of performance styles and disciplines. You will develop transferable skills such as research and communication, which will be logged in a research journal to report your findings. There will also be practical exploration in this component.</p> <p><u>Component 2: Developing Skills and Techniques in the Performing Arts</u> <i>Internally assessed unit – externally moderated – 28% of the course</i> As a performer, students will develop performance skills and techniques. Students will take part in workshops in various dance styles within class where they will understand the technique of that style and how to perform it. Students will work on technical, practical and interpretative skills from existing performance repertoire embodying the physical skills. Throughout student’s development, they will review their own progress and consider how to make improvements</p> <p><u>Component 3: Performing to a Brief</u> <i>Externally moderated unit – 54% of the course</i> The exam board release this assessment in the January of year 11 where students will have the opportunity to respond to a set theme. The brief will outline the requirements and asks that students consider the target audience and to start the creative process by using that given theme. Students will work as part of a group to devise the piece and apply all the skills learnt from the previous components to communicate their creative intentions in a final performance in May</p>
Progression and career opportunities	BTEC Dance is not only for students interested in a career in dance/theatre. All colleges, universities and employers look for the skills covered in the course, including confidence, co-operation and creativity . Dance is unique in the range of expressive qualities involved.

	<p>Students who are interested in furthering their dance/theatrical education should seriously consider taking BTEC Dance as a route to college and/or career progression. Students will have the opportunity to go on trips that may inspire their further training in the performing arts or dance.</p> <p>Students who study BTEC dance at Forest Hill are currently training at Trinity Laban within the CATS programme and regularly take classes there which will help them further their study when they choose their sixth form options.</p> <p>A-level Dance is available to study in our SFH6 sixth form for those students who wish to take Dance at Key Stage 5.</p>
<p>How can I find out more about the course?</p>	<p>See/contact: Mrs Stephen, y.stephen@foresthillschool.co.uk</p>



GCSE Drama

COURSE	LEVEL	WHO IS IT SUITABLE FOR?
Drama AQA	GCSE	All students who enjoy Drama and Theatre. All we ask is that you are motivated and enthusiastic about the subject.

What is this course about?	GCSE Drama is designed to develop your understanding and awareness of live performance work. You will develop skills required for performing in front of a live audience and you will learn how to prepare both devised and scripted work for performance. You will study a range of play texts as well as having the opportunity to experience as much live theatre as possible.
Is it the right course for me?	You will enjoy this course if you want to study a subject that is practical and creative whilst giving you the opportunity to study different theatrical styles and different play texts. You may be an experienced performer; or you may have always wanted to devise and direct your own performance material – the important thing is that you are passionate about live theatre and performance.
How will I be assessed?	GCSE Drama is assessed both theoretically and practically, with students taking part in Performances as well as completing a Written Exam at the end of Year 11. The course is delivered in 3 components: Component 1 – Understanding Drama – Written Exam Study of a Play Text Analysis and Evaluation of a Live Theatre Production Written Exam – 1 hour and 45 minutes (3 Sections) 80 marks = 40% of GCSE Component 2 – Devising Drama – Practical Performance Creating, Devising and Performance of Original Drama Devising & Rehearsal Log 80 marks = 40% of GCSE Component 3 – Texts in Practice – 2 Practical Performances Performance of Two Play Text Extracts 50 marks = 20% of GCSE
How can I find out more about the course?	Please speak to Ms Ferry M.Ferry@foresthillschool.co.uk

Frequently Asked Questions...

Q	Can anyone take GCSE Drama?
A	Yes. GCSE Drama is open to all students who enjoy Drama and Theatre. All we ask is that you are motivated and enthusiastic about the subject. It is essential that students be committed to the subject, as you will need to arrange and attend your own rehearsals at lunchtimes and after-school in preparation for performance work.
Q	Is there a written exam in GCSE Drama?

A	Yes. At the end of Year 11, students sit a written exam (1hr 45min) in which you will be asked questions about Drama and Theatre Form, Plays and Live Theatre you have seen during the course. You will also be assessed in the Practical Performance Exams which require you to perform extracts from plays as well as original devised drama pieces.
Q	What if I am interested in technical elements of theatre?
A	Students in GCSE Drama can be entered as Performers, Lighting Designers, Make-Up Designers and Costume Designers for the final practical examination. However, all students must take part in the practical exploration and be prepared to perform at various times throughout the course.
Q	Will there be an opportunity to see live theatre?
A	Yes. The Drama Department arranges various visits to the theatre allowing students to experience different genres and styles of theatre. Students have been taken part in various auditions, performances with LYT, Young Vic, Disney, The Globe, Jack Petchy, Old Vic, BBC, Broken hearted youth, National Theatre and The Royal Court.
Q	How will Drama benefit me in the future?
A	As well as learning subject specific skills, Drama equips students with a whole range of transferable skills such as personal, independent learning and critical thinking skills useful for further studies and in the outside world.
Q	What can I do to prepare for the GCSE course?
A	Visit the theatre as frequently as possible and attend the year performance evenings.



GCSE German/French

COURSE	LEVEL	WHO IS IT SUITABLE FOR?
German/French AQA	GCSE	All students with genuine interest and aptitude in languages. <i>Note that you cannot start learning a new language for GCSE.</i>

What is this course about?	GCSE Languages are respected and enriching qualifications which are vital for anyone looking to get ahead in a globalized world. Studying GCSE Languages will enable you to develop your communication skills and further your understanding of how the language is constructed, and you will also gain a valuable insight into the culture and society of the countries where that language is spoken. Topics will include identity and culture; local, national international and global areas of interest; and current and future study and employment. You will use a range of engaging multimedia resources and activities to study these.
Is it the right course for me?	If you have enjoyed learning a language in Years 7-9, have made good progress and are prepared to work hard to develop your language skills and cultural knowledge, then you certainly should take this course. <i>Note that you cannot start learning a new language for GCSE, nor will this course be suited to students from Explorer classes.</i>
How will I be assessed? *	There are four exams and all are tiered (Foundation and Higher). You must take all four exams at the same tier at the end of the course. Unit 1: Listening (25%) Unit 2: Speaking (25%) Unit 3: Reading (25%) Unit 4: Writing (25%) For more detail on the individual exams, please consult www.aqa.org.uk
Progression and career opportunities	Speaking one or more foreign languages is not only enriching on a personal basis, but can help enormously on the job market. A number of top universities require students to have a qualification in a foreign language and many employers cite language skills as highly desirable. What's more, using a foreign language at work could raise your salary by up to 20%!!
How can I find out more about the course?	Visit www.aqa.org.uk http://www.whystudylanguages.ac.uk For other information, help and advice contact Ms Lopes Oliveira (Teaching and Learning Lead for MFL) P.Lopesoliveira@foresthillschool.co.uk

** http://www.whystudylanguages.ac.uk/ks4/why_languages

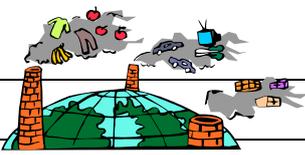


GCSE Geography

COURSE	LEVEL	WHO IS IT SUITABLE FOR?
Geography OCR J385	GCSE	Everyone

<p>What is this course about?</p>	<p>The GCSE Geography course we follow is the OCR syllabus A (Geographical Themes).</p> <p>As part of this course three-unit themes are examined:</p> <p><u>Living in the UK</u> (30%)</p> <ul style="list-style-type: none"> • Landscapes of the UK (<i>rivers and coasts or glacial</i>) • People of the UK (<i>the north/south divide and life in cities</i>) • The UK's environmental challenges (<i>energy, climate and flooding</i>) <p><u>The world around us</u> (30%)</p> <ul style="list-style-type: none"> • Ecosystems of our planet (<i>rainforests and coral reefs</i>) • People of our planet (<i>inequality, life in LIDCs</i>) • Environmental threats to our planet (<i>climate change and extreme weather</i>) <p><u>Geographical skills</u> (40%)</p> <ul style="list-style-type: none"> • Numeracy and literacy skills • Decision making skills • GIS and digital mapping • Fieldwork skills <p><i>(Each unit lasts approximately two terms)</i></p> <p>The work covered is a variety of theoretical and practical work with regular practice of exam style questions. The variety of theoretical and practical work and will encourage active involvement which aims to enthuse interest. The topics are wide ranging, encouraging learners to become well-rounded geographers with a wide range of knowledge and skills that reflect modern global issues and how to apply this to a range of contexts. To this end, we will study a wide range of “real” and current examples or case studies e.g. flooding in the UK of winter 2016. This means learners’ real life skills are developed and become relevant to future decision making. These skills are transferable and appropriate to many careers.</p>
<p>Is it the right course for me?</p>	<p>The relevance of Geography to our modern lives is reflected in the course and students who are interested in our modern world will find this worthwhile and rewarding. The course demands a steady yet consistent effort across the whole two years.</p> <p>There is a <u>compulsory</u> two day fieldwork element to the course to prepare students for their examined components – this may be offered as a residential trip and students and parents should be aware of this when choosing Geography. Fieldwork is usually completed in Year 10.</p>
<p>How will I be assessed?</p>	<p>Students will be regularly assessed with exam practice questions to embed knowledge and practise exam techniques, both of which monitor progress for both the pupils and the departments and help towards achievement.</p>

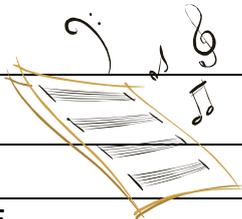
	There are three written exams, one for each of the above units, and these will be taken in the summer of year 11. These each last around one hour and the papers include marks for spelling, punctuation and grammar.
Progression and career opportunities	GCSE Geography provides an excellent opportunity for pupils to gain an understanding of our modern world. It is applicable to many jobs and professions due to the transferrable skills students learn, including: town council planning, management, working in development agencies, landscape design, the leisure and tourist industry, the transport industry, journalism, teaching, advertising and market research.
How can I find out more about the course?	For other information, help and advice, contact Mr Brook (Faculty Leader of Humanities and MFL) A.Brook@foresthillschool.co.uk Or visit the OCR A Geography (1-9) website.



GCSE History

COURSE	LEVEL	WHO IS IT SUITABLE FOR?
History Edexcel	GCSE	Those who are interested in learning about the past, those who enjoy extended writing tasks, and students who enjoy memorisation of knowledge.

What is this course about?	<p>GCSE History aims to support students in learning more about the history of Britain and that of the wider world. History at GCSE is designed to inspire students to deepen their understanding of the people, periods and events studied and enable them to think critically, weigh evidence, sift arguments, make informed decisions and develop perspective.</p> <p>Students will be expected to cover a variety of different factors and events which have been significant in shaping the world we live. Areas which will be covered by EDEXCEL syllabus include Superpower relations 1941-1991, Changes to Medicine from 1250-Present, Weimar and Nazi Germany 1918-39 and Early Elizabethan England 1558-88. Students will sit exams at the end of Year 11 in all of these units.</p>
Is it the right course for me?	<p>Students who consider choosing History at Key Stage 4 should be aware that the course is demanding- there is a lot of content to revise, and students should be prepared to write a lot of lengthy exam questions. However, students who choose History do find it enjoyable and worthwhile and many continue with it at A-Level</p>
How will I be assessed?	<p>Students are assessed in GCSE History with a series of written exams. Students will cover 4 units of study which will be divided into 3 papers, which will be sat at the end of Year 11. Paper 1 (Medicine through time and injuries, treatment and the trenches of the First World War) is 30% of the final grade, Paper 2(Superpower relations and Cold War/Elizabethan England 1558-1588) is 40% and Paper 3 (Weimar and Nazi Germany) is 30%.</p>
Progression and career opportunities	<p>History is a good GCSE to obtain for students wanting to study a wide range of further courses and who are interested in careers such as Law, Broadcasting, Journalism, Academia and Politics</p>
How can I find out more about the course?	<p>If you wish to obtain any further information, your son can discuss their suitability for this course with their History teacher or Ms Whale e.whale@foresthillschool.co.uk or check the EDEXCEL History website.</p>



GCSE Music

COURSE	LEVEL	WHO IS IT SUITABLE FOR?
Music (OCR)	GCSE	Instrumentalists and Vocalists

What is this course about?	<p>This course is ideal for anyone who is serious about all aspects of their music-making.</p> <p>It involves a great deal of performance opportunities and focuses on performing solo and ensemble pieces.</p> <p>It also involves composing music in a range of styles and developing your musical ear, and theoretical knowledge.</p> <p>The course is a great opportunity to develop as a musician through performing, composing and listening.</p>
Is it the right course for me?	<p>If you are dedicated to practising your instrument, keen to compose music, and are able to work well with others then this is the course for you.</p> <p>There is a strong emphasis on listening and learning musical key words and theory.</p> <p>You will need to have an open mind and be willing to learn how to read/write music and analyse music using specialist musical vocabulary.</p> <p>It is highly recommended that you have a good level of instrumental or vocal skill before applying for this course and have a good knowledge of musical notation. It is helpful if you have worked on theory/practical grades on your instrument.</p>
How will I be assessed?	<p>You will be assessed on:</p> <ol style="list-style-type: none"> 1. Understanding music (1 and ½ hour listening exam) 40% 2. Performing music (1 solo and 1 ensemble performance) 30% 3. Composing music (1 composition to a brief and 1 free composition) 30%
Progression and career opportunities	<p>This course gives you a good grounding in performing, composing and appraising music.</p> <p>Upon successful completion of the course you could take BTEC Level 3 or A-Level Music, and pursue Music at University which could prepare you to become a performer, composer, community music leader, or teacher.</p>
How can I find out more about the course?	<p>Speak to your Ms Carini L.Carini@foresthillschool.co.uk , Mr Livingstone S.Livingstone@foresthillschool.co.uk or speak to pupils in Year 10 or 11 whom you know do GCSE Music and ask them what it is like.</p>

WJEC Music Technology



COURSE	LEVEL	WHO IS IT SUITABLE FOR?
WJEC Technical Award in Music Technology	LEVEL 1/2	Those who enjoy using Logic Pro X and creating their own music. Those who want to learn about producing techniques

What is this course about?	<p>You will study 3 different units covering the following topics;</p> <p>Unit 1 – Creating and performing music based on your favourite artist(s) Unit 2 – Creating Music – creating a portfolio of your own pieces of music Unit 3 - Performing Arts in Practice – responding to an industry commission</p>
Is it the right course for me?	<p>If you are keen and conscientious about your music-making and have an interest in using music software programmes such as Logic then this is the course for you!</p> <p>It will suit those who want to learn more about the Music Industry and how producers work within in it as well as how to; re-create work done by your favourite artists, create your own music in a range of styles, mix, master, edit and produce your own final mixes.</p> <p>It is highly recommended that you have a good level of keyboard skills and are interested in the processes that producers, sounds technicians and composers use in order to create their own music to a professional standard.</p>
How will I be assessed?	<p>The qualification has 3 units:</p> <p>Unit 1 is internally assessed and moderated by WJEC Unit 2 is internally assessed and moderated by WJEC Unit 3 is externally assessed by WJEC</p>
Progression and career opportunities	<p>You will have the opportunity to learn about the music industry and will use industry-standard equipment and software packages. This would enable you to progress to a level 3 Music Technology course.</p>
How can I find out more about the course?	<p>Speak to your Music Teacher or email Ms Carini- L.Carini@foresthillschool.co.uk</p> <p>Specification: https://www.wjec.co.uk/qualifications/level-1-2-vocational-award-in-performing-arts/</p>

GCSE Photography



COURSE	LEVEL	WHO IS IT SUITABLE FOR?
Photography	GCSE	Everyone

What is this course about?	<p>If you choose to study Photography you will explore a range of practical activities and respond in a <u>personal</u> way to different themes and ideas. You will investigate the artwork of different artists and photographers. You will learn how to use the digital SLR and experiment with a range of media and materials including collage and editing software's including Photoshop. You will continue to develop your critical thinking in response to a range of art, photographers and artists.</p>
Is it the right course for me?	<p>This course will suit you if you:</p> <ul style="list-style-type: none"> Like to use different materials and processes to develop your visual skills. Are creative, enthusiastic and imaginative. Are willing to experiment and to take risks when you are trying out your ideas. Are able to work independently and like to visit art galleries and museums to make your work more informed and interesting. Like communicating your ideas, opinions and addressing issues.
How will I be assessed?	<p>Photography is made up of coursework and an externally set assignment. You will be assessed against four criteria in each section.</p> <p>Coursework (60%): A personal portfolio selected from the projects you will complete in Years 10 and 11.</p> <p>Externally Set Assignment (40%): You will be given a range of starting points from which you will make a personal response using materials and processes of your choice as your final exam in Year 11.</p>
Progression and career opportunities	<p>You can progress onto the following course after you have completed your GCSE: GCE A-Level Photography</p> <p>It means you can go on to study Art/photography at 6th form or go to Further Education Colleges.</p> <p>Career opportunities are vast and Photography will help you to develop your creative, technical, communication, analytical and problem-solving skills - skills that are essential in these and a wide range of other career opportunities.</p>
How can I find out more about the course?	<p>Ask your Art teacher to show you a Year 10 or 11 student's sketch book and final pieces. Take a look at the school and art department website gallery to see links to examples of photography, artwork and videos or speak to Ms Tang-Campbell R.Tang-Campbell@foresthillschool.co.uk.</p> <p>Visit our Instagram page too: @fhs.photography</p>



OCR Cambridge National Physical Education

COURSE	LEVEL	WHO IS IT SUITABLE FOR?
OCR Cambridge National Level 1/2 Sport Science	GCSE	Those with strong science and theory understanding

What is this course about?	Elite sport has embraced sport science disciplines wholeheartedly in the past few decades, moving from a perspective which assumed the primacy of natural talent in producing outstanding performance, to one which considers every minute detail of an athlete's training programme, rest time, environment and psychology in the pursuit of excellence. The Cambridge Nationals in Sport Science offer students the opportunity to study key areas of Sport Science including anatomy and physiology linked to fitness, health, injury and performance; the science of training and application of training principles, and psychology in sport and sports performance
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Is it the right course for me?	<p>The OCR National Physical Education course will appeal to you if you:</p> <ul style="list-style-type: none"> • Have a keen interest in sport and theory of performance and always look forward to, and take part in your PE lessons. • Take part in sport/recreation outside of class time. • Want to follow a course that develops knowledge and understanding of theory in physical education and performance with a small element of practical involvement • Want to know more about the benefits of sport and exercise. • Are considering a sports-related career or Higher Education course. • Want to study a theory only course. There is no practical assessment and very limited performance opportunities outside your normal games lessons.
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How will I be assessed?	<p>The OCR National course is assessed over three units:</p> <p>You will be assessed through a written examination paper. The style of the question paper will include a small number of multiple choice questions, some structured questions and extended written answers. The other units will be assessed with coursework tasks.</p> <p>Unit One (R041): Examination unit - Reducing the risk of sports injuries: Taking part in sport and physical activity puts the body under stress. Knowing how to reduce the risk of injury when taking part in sport, and how to respond to injuries and medical conditions in a sport setting are, therefore, vital skills in many roles within the sport and leisure industry, whether you are a lifeguard, a steward at a sports stadium or a personal fitness instructor.</p> <p>Unit Two (R042): Applying the Principles of Training - In the world of team and individual sport, it is vital that coaches keep their performers in peak condition. They</p>
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	<p>do this by regularly monitoring them through fitness tests and by designing bespoke training programmes to suit the type of sport, performance schedule and the individual themselves. High quality training programmes apply principles of training to the requirements of the individual in their development and implementation.</p> <p>Unit Three (R043): Sports Nutrition - In all walks of life, appropriate nutrition and diet are vital to our health and wellbeing. In the world of sport, the right nutrition is as important as the right equipment and the right training methods, because without suitable nutrition a performer's body would not be able to cope with the stresses and strains put upon it. This would lead not only to deterioration in performance, but also in health. The amount of legislation and media coverage that surrounds the use of supplements in elite sport, some of which are approved and some of which are prohibited, highlights the value placed on nutrition in modern day sport.</p>
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<p>Progression and career opportunities</p>	<p>Career opportunities include teaching, coaching, sports science and medicine, sports administration, and sports journalism. Move onto further education in BTEC's or A Levels before Degree.</p>
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<p>How can I find out more about the course?</p>	<p>Should you require any further information or details about this course, you should see Mr Hollidge K.Hollidge@foresthillschool.co.uk (Head of Faculty), Mr Winkless (Lead Teacher of PE) M.Winkless@foresthillschool.co.uk or your Physical Education teacher.</p>
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Key Stage 4 Option Form 2023



Pupil's Name: _____

TG: _____

Please tick **ONE** option from the Compulsory Option table

Compulsory Option	Tick One only
History	
Geography	
French	
German	

Now choose **A FURTHER THREE** subjects you wish to study from the Elective Options table below. (Do NOT tick the same subject as your compulsory choice)

Please order them in terms of preference. You must also choose **one reserve** subject.

(Please see example overleaf)

Elective Options	1 st Choice	2 nd Choice	Reserve
GCSE Art			
GCSE Photography			
GCSE Business Studies			
GCSE Dance			
GCSE Drama			
GCSE French			
GCSE German			
GCSE Geography			
GCSE History			
GCSE Computing			
Information Technology			
GCSE Music			
Music Technology			
OCR Cambridge National Physical Education			

Pupil Signature _____

Tutor Signature _____

Parent/Carer signature _____

**All forms need to be returned to student services
DEADLINE FOR SUBMISSIONS IS WEDNESDAY 01/03/23**

THANK YOU!!