

## The Forest Hill Charter

### A holistic approach to education

<p style="text-align: center;"><b>Hard Work</b></p> <p>Read 25 books in a year            Learn a new skill e.g. baking, BMX, martial arts            Achieve at least 97% attendance for the year            Achieve at least 97% punctuality for the year            Achieve 50 epraise points in a year            Have your work on display at school            Take part in a school sports fixture            Represent the school at sport across the whole season (at least 5 matches)            Take part in 30 minutes of physical activity at least 3 times a week            Take part in a sports event outside school e.g. ParkRun, sponsored bike ride            Learn to play an instrument inside or outside of school            Write a report for the school bulletin            Complete online profile on Unifrog            Create a revision timetable, try it out and make changes to suit your needs            Complete a set of revision flash cards for a whole topic</p> <p style="text-align: right;">15</p>	<p style="text-align: center;"><b>Ambition</b></p> <p>Belong to a school club for a year            Attend a club, society or team outside of school for a year e.g. Cadets, Scouts, Football            Visit an art gallery or exhibition            Visit a museum or historical site            Participate in a STEM Activity (Science, Technology, Engineering, Maths)            Take part in a whole school event i.e. charity event, sports day            Act as a leader e.g. House Captain/Prefect            Perform or provide technical assistance at a concert or school show            Attend Kingswood revision weekend            Visit a college, university or attend a lecture by an outside professional            Engage with an employer            Successfully complete work experience            Create a Seneca Learning account and use it to revise            Research 5 careers on Unifrog</p> <p style="text-align: right;">15</p>
<p style="text-align: center;"><b>Respect</b></p> <p>Visit a local library            Take part in a public speaking event e.g. in assembly, Debate Mate, Poetry Jam            Take part in an assembly; House, Year or whole school            Mentor another student            Attend (at least 6 sessions) and participate in Safe Race Space            Visit a theatre or concert            Attend a school trip            Take part in an event with another school            Be on a student interview panel            Take part in a student forum            Complete a student voice survey            Be a school counsellor            Join the Pride Ambassadors and attend at least 6 meetings            Contribute to an addition of FHS Rainbow</p> <p style="text-align: right;">14</p>	<p style="text-align: center;"><b>Kindness</b></p> <p>Help out at a school event            Learn about an important topic and share it with your tutor group e.g. mindfulness, anti-racism, resilience, mental health            Be a guide at Open Evening or another school event            Be a monitor for a teacher; collect/hand out the books/resources, tidy the classroom at the end of the lesson/end of the day            Volunteer for an organisation or charity event outside of school            Build relationships with the local community            Help to improve the local area e.g. pick up litter, plant flowers            Help tidy up the atrium after lunch            Be a Library helper for 1 term, 30 mins after school once a week            Write a letter to your future self            Improve your bedtime routine and write up how and why you've improved it            Learn how to do bubble breathing            Create your own activity jar with 30 activities that don't need a screen or technology            Be a Buddy for a new student</p> <p style="text-align: right;">14</p>

To complete the FHS Charter, you need to complete at least 20 tasks from the list (or alternatives agreed by HOH). To gain the Bronze, Silver or Gold Award, you will need to complete 25, 30 or 35 respectively.